

Heritage News

MARCH 2022

Curtin
HERITAGE LIVING

St. Patrick's Day



Marine Views Cottesloe

Date: Thu 17 March

Time: 10:00am

Event: St Patricks Morning Tea

Where: The Lobby Lounge

RiverSea Mosman Park

Date: Thu 17 March

Time: 9:30am & 10:30am morning tea

Event: Seated Irish Dance then onto a St Patricks themed Morning Tea

Where: The Resident Lounge

Minimising the risk of COVID-19 transmission in our homes

In March, we initiated Rapid Antigen Testing (RAT) to limit the introduction of COVID-19 into our homes. Since then, some visitors and staff have tested positive, but the spread of infection has been contained.

Aged care is funded and regulated by the Commonwealth Government. Because of this, we are generally required to follow commonwealth legislation and guidelines. During an emergency, like a pandemic, state emergency rules override federal advice. This advice changes frequently, and we, in response are required to implement new changes regularly. We will always communicate these changes to you via email as soon as possible.

Our responsibility is to inform next-of-kin of any changes. We are also happy to communicate changes to family and friends if we are provided with contact details. Please contact us if you would like to receive COVID-19 update emails.

Visiting our homes

A reminder that in line with current government mandated restrictions, visitors are limited to two (2) people per day per resident.

We ask you to book your visit ahead of time by either calling us or heading to our booking link online. You can access it here:

www.curtinheritage.com.au/visit

Visiting hours

RiverSea Mosman Park

Monday - Friday - 10am - 4pm

Weekends - 10am - 2pm

Telephone: 9382 7500

Marine Views Cottesloe

Monday - Sunday - 10am - 4pm

Telephone: 6458 7500



Marine Views Cottlesloe

Out and about!

Marine Views residents packed a picnic lunch and headed to Mosman Bay to take advantage of a beautiful day earlier this month.

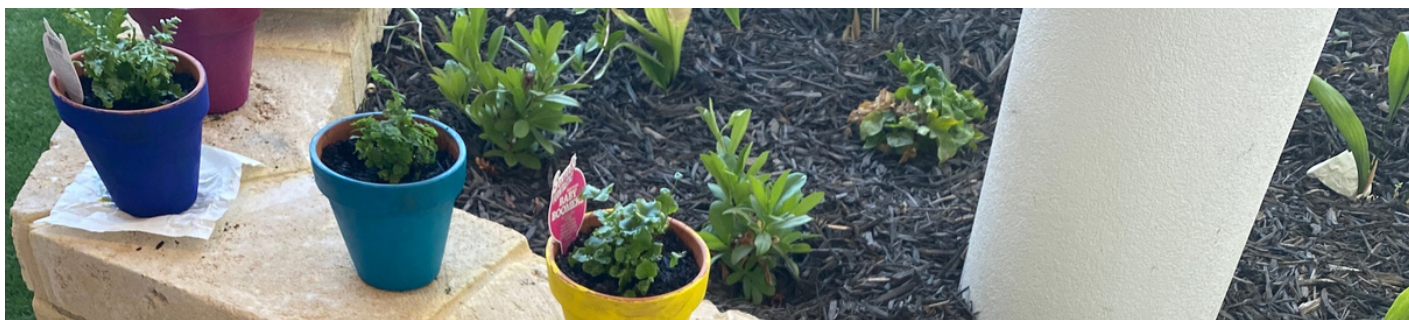
Fresh air, blue skies, delicious food and snacks and good company made for quite the day.

Thanks to Bunnings Claremont

Our friends at Bunnings Claremont donated a number of plants along with terracotta pots in February.

They also donated paints, enabling our residents to decorate the pots before putting their green thumbs to work and potting the plants provided.

Keep an eye for the spots of colour when visiting us next!



A peek behind the scenes

Marine Views residents had an opportunity to visit back-of-house areas in March.

While residents enjoy a peaceful environment, there is a busy workforce behind the scenes. Our Cottlesloe home has been designed to separate living areas from working areas. The ground floor has a large back-of-house area that includes a commercial laundry and kitchen, staff break out areas, office areas, maintenance workshops and significant storage.

We always welcome residents and families to see our back-of-house in action.

RiverSea Mosman Park

Valentine's Day was celebrated with style and flair this year in our RiverSea home.

To celebrate Valentines Day this year, the resident lounge was beautifully decorated with heart shaped decorations and balloons. The tables were filled with delicious Valentines Day themed treats lovingly prepared by our catering team.

We invite you to join us each month as for special events where we celebrate various traditions and different cultural events..



Digital Angel technology in our homes

In the coming weeks we will be activating our new artificial intelligence (AI) technology, Digital Angel. As a reminder, Digital Angel is an AI software that uses sensors to observe behaviours in order to prevent injury and minimise the disturbances for residents. The AI learns the normal behaviours and movements of a person and if there is an unusual occurrence, it alerts our care team. This does not replace our hands on care, but rather supports our workers.

As per our previous correspondence with you, we will only be using this technology where consent has been provided. If you have any questions at all, please give us a call to discuss.

You can contact us on 08 9382 7500.

RiverSea Village

The resident lounge in RiverSea Village Mosman Park has undergone a bit of a refresh, with some lovely new furniture being added to the lounge.

Independent Living Manager Paula Jones says:

"It has been wonderful to refresh the resident lounge. The new furniture is lovely and modern. The lounge still feels homey and comfortable but a little more contemporary. I particularly like the occasional chairs near the window - the light through the window makes it perfect for reading. I was hoping to get some photos with our residents enjoying the space, but everyone was out and about!"



The resident lounge provides a place for our RiverSea Village community to gather together for social events, or group meetings. It also provides a nice spacious area to hold larger celebrations for special occasions with family and friends.



Waterfront Cottlesloe

We were very excited to hear that one of our Waterfront Cottlesloe residents had a family member participating in the recent Beijing Winter Olympics.

Resident Don has shared photos of his grandson Lars Young who represented Australia in the Mens cross country skiing events in the Games.

Lars was a competitor in the Mens 15km classic and the Mens sprint free events. He achieved a time of 44 min 50.6 sec in the 15km classic and 1 min 21.9 seconds in the sprint event . At 21, Lars is one of the youngest ever Australian cross country skiing Olympians.

Lars is from a family of winter sport enthusiasts and recognised athletes. His uncle has won medals at two Olympic games in the Nordic combined events and his sister is a multiple award winner in junior Norwegian national championships for orienteering. Lars Norwegian father and Australian mother have also represented their countries in Nordic combined and orienteering events respectively. Thank you to Don for sharing his photos with us.



Shine Community Care

Our Shine team pride themselves on providing an interesting, engaging and most of all - fun activity programme.

Michelle is our very talented social coordinator who is responsible for creating the social activities programme. She is pictured here in the midst of some of the Chinese New Year decorations she put in place for the Shine day centre.

Michelle and the team currently have some spots available for Canasta each Tuesday from 12pm - 3:30pm at the Shine day centre.

If you would like to participate or know someone who may be interested in attending, give the Shine team a call on 9253 5555 for more information.

Winners are grinners

Have you ever seen a trophy like the one in the photo below? Not me! These lovely Shine ladies joined friends at the Harold Hawthorne Community Centre for a morning of games - including a thong throwing contest. Congratulations ladies on your fun filled win!





Resident, Family & Friends Meetings

Upcoming meetings for our families and friends

Our regular meetings with residents and families provide the opportunity for us to hear from you. With current COVID-19 restrictions, we have limited our group face-to-face meetings.

As such, these meetings will be held via MS Teams until current restrictions are lifted. You can participate in MS Teams meetings on your computer or mobile phone. We can walk you through the process of joining a MS Teams meeting if you are unfamiliar with video conferencing.

Dates for April family and friends meetings

Marine Views Cottesloe

Mon 4 April 2pm - 3pm

RiverSea Mosman Park

Tues 5 April 2pm - 3pm



Team Recognition Awards

Congratulations to all our team members who have reached milestones and those who have been recognised by residents, family or their fellow team members for going above and beyond. We are very proud of your achievements.

Team Milestones

- Mandeep Kaur - 10 Years

Team Recognition Awards

- Gai Crone at Marine Views
- Mel Pace at RiverSea

MARINE VIEWS Cottesloe

Marine Views Cottesloe now has it's very own Facebook page.

Look for this badge and like our page!



facebook.com/marineviewscottesloe

