

Heritage News

DECEMBER 2022

Curtin
HERITAGE LIVING

Merry Christmas!



The shops are full of Christmas decorations, and the suburbs are starting to light up at night as people decorate their houses with wonderful light displays and the odd inflatable Santa or Rudolf! Christmas trees will be going up in homes around the globe and children will be writing their Christmas wish lists.

Christmas is a time full of sentiment and memories. It is a time when we enjoy the company of friends and family, delight our loved ones with gifts and come together to celebrate over our favourite Christmas foods. We are looking forward to sharing the festive season with our Curtin Heritage Living community. We wish you all a wonderful Christmas.

Christmas Celebration information

RiverSea Mosman Park

When: Thursday 15 December @ 12:30pm

Venue: RiverSea front Lounge & outdoor area

Marine Views Cottesloe - Level 1

When: Tuesday 13 December @ 11:30am

Venue: Level 1, Southern garden balcony

Marine Views Cottesloe - Level 2, 3 and 4

When: Wednesday 14 December @ 11:00am

Venue: The Terrace, Level 2

Recognition and awards

Congratulations to Curtin Heritage Living Managing Director, David Cox who was a finalist in the InnovAGEing National Awards. David was one of six finalists in the category of Age Services Innovator of the Year.

The judges noted that this year was a particularly competitive nomination pool, and were proud to have David and Curtin Heritage Living as a finalist in their Awards program for 2023.

Congratulations David!



Congratulations also to our construction partner Built who won the Master Builder Australia's National Lifestyle Housing for Seniors Award - Aged Care for their work on Stage one of our Cottesloe redevelopment.

Well done to the team for being recognised Leader in the constructional industry.

Marine Views Cottesloe

We are fortunate to have a wonderful relationship with local school, Presbyterian Ladies College (PLC). Each term secondary students come to visit our home and participate in activities with residents. During their last visit, the students and residents spent time making lovely floral wreaths.



Each year for Remembrance Day, Gary Mackintosh, who works with our redevelopment architects Hames Sharley, comes and plays the bag pipes for residents at the end of our service. It is always moving for all of those who witness the playing.

Thanks to Gary for giving up his time and playing for our residents.

Residents have been busy working with staff to decorate our Christmas trees at Marine Views.

We cannot wait to see them all bright and the lights twinkling!



Bike racks available for you!

Now that the weather is warmer, you may choose to ride your bike to Marine Views Cottesloe. You can leave your bike secure at our bike racks located in the basement car park. All you need is your own lock! Your bike can be kept safe, out of the weather and easily accessible.



Planting Trees for The Queen's Platinum Jubilee

Curtin Heritage Living was fortunate to receive a grant from the Federal Government's Planting Trees for the Queen's Platinum Jubilee grant. To celebrate we held a small event around the tree that was purchased with the funds. Federal Member for Curtin, Kate Chaney attended and is pictured here with Curtin Heritage Living Managing Director David Cox and Groundsmen Gavin Herbert.



Australian Government

RiverSea Mosman Park

Welcome to Jordan Ryan!

'It is exciting to be joining the Curtin Heritage team as the Facility Manager for RiverSea. I am committed to working with our community to ensure we are providing the very best of care and support for our residents and families. I have enjoyed getting to know many of the RiverSea residents and families and look forward to meeting more of you soon'

We are very happy to welcome Jordan, who joined the CHL community in early November as the Facility Manager for RiverSea Mosman Park.

Originally from Newcastle in the UK, Jordan worked as Police Officer for 10 years as part of a Neighbourhood Police team. His role required extensive community-based work, including working with children, NDIS participants and older community members. In 2019 Jordan relocated to NSW and changed career focus, working as a Facility Manager for large aged care service providers. We are now fortunate to have Jordan relocate once more to join us at RiverSea.



Shine Community Care

The Shine Community Hub or Studio 54??? Shine clients had a ball kicking up their heels at a silent disco. Plenty of smiles and energetic dance moves. We will let the photos tell the rest of the story.



Talk to us if you or someone you care for would like to participate in our Shine activity program. Lunches, day excursions, exercise classes, arts and crafts and an amazing team who make it all happen!

You can phone us to learn more on 08 9253 5555



Introducing CareKeeper

We document observations, assessments and resident preferences so we deliver the care and services that residents want. This process is ongoing and based on day-to-day interactions with residents and their loved ones.

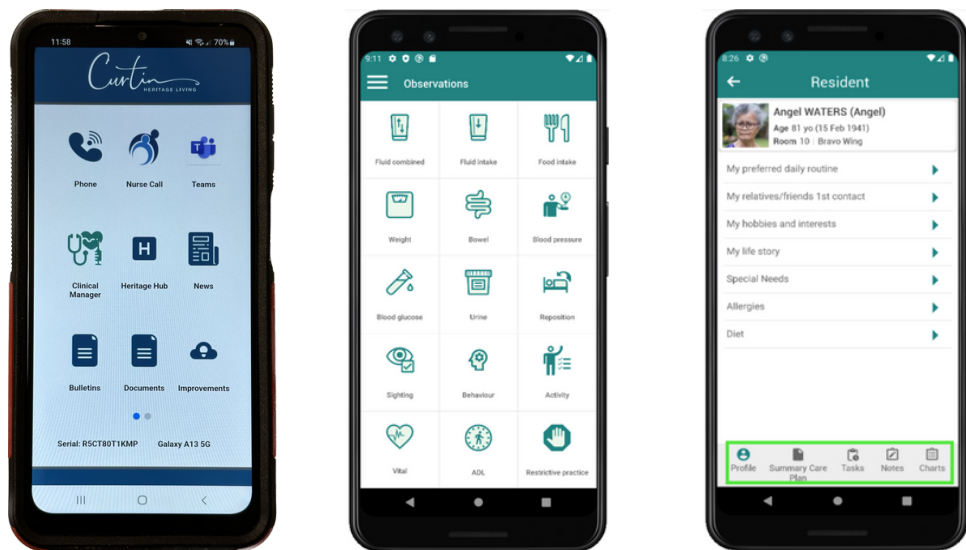
We will soon be introducing a new tool to assist with care planning and communication.

CareKeeper is a secure mobile application that gives our staff quick access to care planning and communication. The app will enable staff to enter information quickly and reliably to make sure that care planning is always up to date.

Staff will be entering data on new facility mobile phones. The phones have security features to make sure that information relating to residents remains private. The phones are also used to receive call bell messages, safety monitoring information and internal calls. Staff will be carrying these phones at all times.

The phones will have bright covers so that residents recognise that they are not personal phones. Care plans are available to residents and loved ones. Please contact your care manager at any stage should you wish to discuss care planning, or the new CareKeeper app.

Examples of the easy to use icon based screens



Resident, Family & Friends Meetings 2023

Watch this space!

We will be in touch with residents and families in the new year to confirm dates for our family and friends meetings.





Team Recognition & Milestones

Congratulations to all our team members who have reached milestones and those who have been recognised by residents, family or their fellow team members for going above and beyond. We are very proud of your achievements.

Team Recognition Awards

- Bella Campbell from RiverSea Mosman Park
- Tshewang Seldon from Marine Views Cottesloe

Team Milestones

- 5 years - Kevin Kurgat from RiverSea Mosman Park
- 10 years - Jillian Teruel from Marine Views Cottesloe

Aged Care Code of Conduct

The Aged Care Code of Conduct was developed by the Federal Government to give older Australians receiving aged care more confidence in the workforce that supports them.

The recently passed legislation which implements a Code of Conduct for all aged care staff came into effect on 1 December.

The code requires all aged care staff to treat residents with respect, dignity, and integrity. Importantly, the code reinforces the rights of each resident or home care client to make choices, including those who are living dementia or other cognitive impairments. The code also requires staff to raise and act on any concerns regarding the safety, care and support of those we care for.

While the Code of Conduct aligns with Curtin Heritage Living's existing values, procedures, and expectations, we will continue to educate our team about obligations and expectations related to the new Code of Conduct.

All team members are required to attend **mandatory** education relating to care, safety, and governance **every** year. The education is delivered in house by Jenni Stratford, who is an experienced educator and is responsible for the support and education of our care team.

We encourage you to take time to visit the government website and learn more about the new Code of Conduct and how it applies to you. You can visit the website [here](#).

If you have any questions about the Code, or if you have any concerns relating to your care, the care of a loved one or your role as a carer, please feel free to contact us. You can contact our Head of Care and Lifestyle, Pele Reeve or Head of Operations, Tom McConnell. Their email addresses are listed for you below.

Pele Reeve
Tom McConnell

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08 6458 7500

Understanding Restrictive Practices

At Curtin Heritage Living we respect a person's right to be a part of all decisions made in relation to the care and services they receive - including the implementation of a restrictive practice. However, sometimes this is not possible, particularly where a person has an advanced cognitive impairment. In this situation the responsibility for some decisions may fall to a person who has been entrusted as their legal representative, such as Power of Attorney for financial decisions, or Guardian for all health, treatment, and lifestyle decisions.

What is a restrictive practice in aged care?

A restrictive practice is any practice or intervention that has the effect of restricting the rights or freedom of movement of an aged care client.

What are some examples of a restrictive practice?

Chemical - medication that changes or moderates behaviour

Environmental - removing or restricting access to a particular physical space

Mechanical - the use of bed rails

Physical - physically moving a person to prevent them moving into a specified area

Seclusion - placing a person in a space from where they cannot exit

What happens if a person is not able to make these decisions for themselves?

If a person is unable to make a decision about the use of a restrictive practice for themselves there is a process that must be adhered to. This process is outlined in two documents produced by the Federal Government. They are; The Quality of Care Amendment (Restrictive Practices) Principles, and the Guardianship and Administration Act 1990 (WA). This includes the aged care facility being provided a copy of the Guardianship authority made by the person or determined by the Public Advocate of Western Australia.

Planning ahead

We strongly encourage you to take some time to consider how you would like to manage your care in the event you are not able make significant decisions relating to your care, lifestyle, or treatments. Talk to your loved ones and make sure are informed.

More information

We have provided directions to online resources below. These are readily available for the community to better understand restrictive practices and any changes to relevant legislation.

Older Persons Advocacy Network (OPAN)

<https://opan.org.au/information/>

Aged Care Quality and Safety Commission

<https://www.agedcarequality.gov.au/resources/minimising-restrictive-practices>

<https://www.agedcarequality.gov.au/consumers/consumer-rights>

Legislation and Industry Changes

<https://www.health.gov.au/health-topics/aged-care>

Office of the Public Advocate Western Australia

Office of the Public Advocate (www.wa.gov.au)



Waterfront Cottesloe - stage two update

Message from David Cox

I am very pleased to let you know that the project has progressed very well in the past few months. Now that the summer months are here, we will see more people on site and rapid progression.

The last of the concrete was poured on the eastern building last week. Our future residents in apartment numbers 001 to 008, 101 to 109, 201 to 212 and 301 to 312 will now be able to see the outside of their apartment.

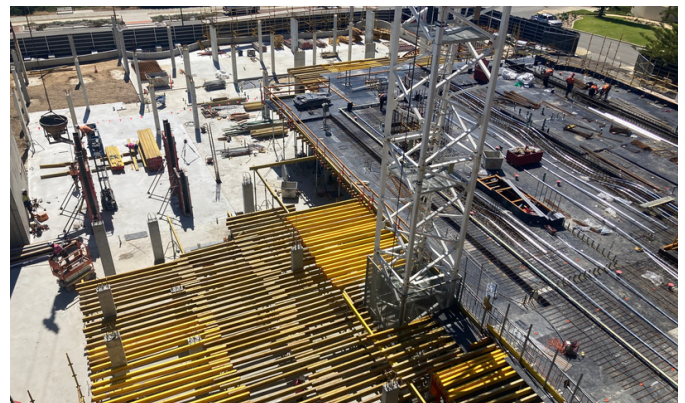
For those of you who drive past or visit regularly, you will see the western building is also tracking well. The structure teams will now mobilise from the east to the west and we will soon see more of the western building coming out of the ground.

Heritage Buildings

We have signed off on the very last stage of the heritage building works. The structural reinforcement has been completed, and the roofing will be replaced this coming month. We are very excited to see the scaffolding come down from the heritage buildings in early 2023. The fit-out will be painstakingly slow, and we expect works to be finalised early 2024. It will be well worth the wait!



Ground level formwork board in place



Yellow props being placed to support slab formwork



Level 3 looking north west



Preparing formwork on Level 3 slab for installation of columns

