

Heritage News

JUNE 2023

Curtin
HERITAGE LIVING



Welcome to winter!

The autumn months certainly served us some beautiful Cottesloe sunsets, not too dissimilar to the one captured here. As we move into our cooler months, we can still look forward to some of the most breathtaking sunsets here on our beautiful west coast.

As we start to experience colder weather, a reminder to ensure your loved ones have ample warm clothing from which to choose. Warm, wind resistant zip up jackets are fantastic for when our residents head outdoors for bus trips or with walking groups. Natural fibre long sleeved shirts, pants and warm socks keep everyone nice and snug!

Families welcome

We love to have our families join us and enjoy our special events. We invite you to come along and participate along side your loved one. Enjoy some entertainment and this month, maybe even have a dance!

Marine Views Cottesloe residents

Date: Tues 27 June

Time: 2:00pm

Event: Adam Penn music concert

Where: Lobby lounge

RiverSea Mosman Park residents

Date: Wed 21 June

Time: 10:30am

Event: Lynne Williams Dance activity

Where: Resident lounge



Questions? Give us a call!

Marine Views Cottesloe: 08 6458 7500

RiverSea Mosman Park: 08 9382 5700

Shine Community Care: 08 9253 5555

The Hon Andrew Giles, Minister for Immigration, Citizenship and Multicultural Affairs visits Marine Views Cottesloe

In our May newsletter we informed you that Curtin Heritage Living had signed a Labour Agreement with the Commonwealth Government that provides a permanent residency pathway for people who worked in certain aged care roles.

As the first in the nation to sign this Labour agreement, the office of the Hon Andrew Giles, Minister for Immigration, Citizenship and Multicultural Affairs contacted us and asked if the Minister could visit our Marine Views Cottesloe home.

We were very happy to welcome Minister Giles and his team (and media) as we believed this to be an important opportunity to highlight the skills shortage being experienced by our industry and acknowledge the Labour agreement as a means of helping to address the issue.

The Minister and his team held a media conference at Marine Views Cottesloe and invited our team to attend and speak to the media. Two members of our team, Sangay Choden and Namkha Llamu address the media and answer their questions, and were also able to spend time speaking with the Minister and explain to him the difference this opportunity would make to them.

Since the announcement we have received many expressions of interest from our existing team members and from outside the organisation. As communicated to our team, Curtin Heritage Living will prioritise existing team members.

If you have friends or family who are interested in this opportunity, please direct them to the Careers page on our Curtin Heritage Living website. Here they will be able to complete the 'Registration of Interest - Visa Sponsorship' and their details will be added to our system.



Minister Giles addresses the media



L to R - Curtin Heritage Managing Director David Cox, Minister Giles and Curtin staff, Namkha Llamu and Sangay Choden

Marine Views Cottesloe

Happy 100th Birthday Elaine!

Elaine's family wanted to ensure such a significant birthday did not go by without any fanfare. Working together with our Marine Views team, Elaine's family created a beautiful celebratory event, held in the Pavilion on level two. Elaine was surrounded by a large group of family and friends to enjoy delicious sweet and savoury treats and of course an amazing birthday cake. Three cheers for Elaine!

We love joining with our families to ensure our resident's significant life events are celebrated. Drop us an email if you would like to know more:

marineviews@curtinheritage.com.au



Working together to help those in need

We have had a huge response our Winter Appeal, with residents, family and staff donating a significant number of winter items for people in Perth experiencing homelessness. We also put out the call for toiletry items that would be also distributed by our friends at 360 Street Doctor. Last week our Marine Views Cottesloe residents volunteered some time to sort and pack these toiletry items.

Marine Views Cottesloe carer Gai Crone and other members of our team spent time alongside residents sorting times into small packs.



RiverSea Mosman Park

RiverSea residents and team participated in a dance group with dance specialist Lynne Williams during May. Lynne's class was a wonderful success, so much so that she will be returning to dance with us again in June.

We would love our RiverSea family and friends to come along and join their loved ones. If you are free on Wednesday 21 June at 10:30am - we invite you to come and dance with us!



Introducing Jonathan, Curtin Heritage Living Clinical Services Manager

Jonathan How Yaw has been a part of the Curtin Heritage Living team since February of this year in a Clinical specialist role.

Jonathan is a very experienced Registered Nurse who has held clinical management roles in several reputable not-for-profit aged care organisations.

As part of our clinical restructure, Jonathan has now moved into the role of Clinical Services Manager for both Marine Views Cottesloe and RiverSea Mosman Park.

Jonathan is responsible for clinical care across both residential care homes and will be interacting with residents and families while supporting our clinical teams. Jonathan's role will also include quality of care and he is currently the primary point of contact on levels three and four at Marine Views until we have recruited a new Care Manager.

If you would like to speak to Jonathan, he can be contacted on 08 6458 7500.



Shine Community Care

During May, the Shine team took advantage of some spectacular weather and took Shine clients to the Swan Valley for a day trip. There was plenty of time spent in a the Margaret River Chocolate factory and the nougat factory, stocking up on some "essentials". The day wrapped up with the group then enjoying a delicious lunch at Lavender Bistro and Boutique.

'Tour Bus Tuesday' is one of the most popular activities for Shine clients. Head to Clancy's for lunch, Fremantle docks or a scenic drive to the hills - we take all suggestions! If you would like to join us, call us on 9253 5555 to book your spot.



Understanding Elder Abuse

Elder abuse refers to any act inflicted upon, or the lack of appropriate action relating to older adults, often by someone they trust, such as a family member, caregiver, or even a stranger. Elder abuse takes various forms, including physical, emotional, sexual, and financial mistreatment, and includes neglect and abandonment. Abuse can occur within a person's own home, in residential care homes, and within the wider community. Data reveals an estimated 75,000 of older West Australians experience some form of elder abuse each year, most of which occurs behind closed doors in the person's own home. This highlights the importance of education and access to support networks.

What are the signs to look out for?

Recognising the signs of elder abuse can be challenging, but there are some indicators you can look for. These can include unexplained injuries, frequent conflicts or arguments, sudden changes in behaviour or mood, withdrawal from social activities, and unexplained financial transactions or missing belongings.

Acting and seeking support

If you suspect mistreatment of an older person, you can start by discussing your concerns with them, ensuring privacy and offering support. You can contact Advocare or COTA (Council of the ageing) to seek advice. Both agencies have professional staff who can offer advice and provide information for access to specific professional services.

As a community, we have a responsibility to protect and care for our older community members. Elder abuse is a serious issue that requires our attention and action. By familiarising ourselves with the signs of abuse, we can play an active role in safeguarding the well-being of our older people. Remember, if you suspect elder abuse, trust your instincts, and reach out to the appropriate authorities. Together, we can create a safer, more compassionate environment for our aging population, ensuring they receive the respect, dignity, and care they deserve.

Where can I learn more?

Advocare is the peak body for aged care advocacy in WA. Their website can provide you with more information.

www.advocare.org.au

Where can I seek support?

Advocare - WA elder abuse helpline: 1300 724 679

COTA - Council of the Ageing: 08 9472 0104

Team recognition



RiverSea Mosman Park - Savka Vojnovic

Savka has been nominated by her colleagues for being reliable, dependable, supportive, kind and caring. The team also appreciates how hard Savka works in her role to ensure we receive maximum funding to care for our residents.

Marine Views Cottesloe - Uma Solanki

Uma has been recognised by her colleagues for her awareness and attentiveness to the residents in her care. Uma is very patient and offers understanding and kindness to residents who are experiencing distress. Her kindness makes a difference every day in the lives of our residents.

Team service

Thank you to our staff who have served our community. We appreciate your commitment to our residents and your team over the past five years.

Linda Malland - Administration Manager - Curtin Heritage Living - 5 years

Carolina Chavez Diaz - Registered Nurse - RiverSea Mosman Park - 5 years



Family, good food, a glass of wine and a view!

We love to see our families taking advantage of the balconies at Marine Views Cottesloe.

Here we have Anne, a wife of one of our residents, hosting a lunch for family.

Do you have any photos you would like to share with our community in this newsletter?

You can email them to:
sherryr@curtinheritage.com.au