

Heritage News

APRIL 2024

Curtin
HERITAGE LIVING

Happy Easter to our Curtin Heritage Community



The Curtin Heritage Living team would like to take this opportunity to wish everyone in our community a very happy and chocolate-filled Easter! We hope you enjoy this time with friends and loved ones.

For those of you planning an Easter road trip to tour our wonderful state - drive safely and enjoy your travels.

Reminder - Update details with AEC

The upcoming Federal Election is anticipated to take place in late 2024 or early 2025, with the possibility of extending to as late as September 2025.

To prepare for this event, it is important to ensure that your details, as well as those of your loved ones, are updated with the Australian Electoral Commission to reflect any changes in residential addresses. This can conveniently be completed on the Australian Electoral Commission's website at aec.gov.au.

For those who may no longer be able to vote due to medical reasons, an objection claim asserting the non-enrollment of an elector must be filled out and submitted to the AEC.

During the federal election, Marine Views Cottesloe will host a mobile polling booth. This facility will be accessible not only to residents but also to regular visitors, staff, and members of our Independent Living communities at Waterfront Cottesloe and RiverSea Village.

What's been happening at our homes?

Our awesome crew at Marine Views Cottages and RiverSea Mosman Park didn't let March slip by quietly! They dove into the Cottages Sculptures by the Sea, raised a cup of tea to International Women's Day, and partied it up for St. Patrick's Day.

Peek at the snapshots from their action-packed month: from potato bowling madness at Marine Views, to arranging beautiful flowers for Women's Day at RiverSea, a visit to Fremantle's War Monument, and the green-filled celebrations of St. Paddy's Day!



Shine Community

The Social Club at Shine Community went all out for St. Patrick's Day! They kicked off with a lively Luncheon featuring Joe and Jeff from Whelan N Dealin belting out tunes. The Social Club also took a stroll through this year's Sculptures by the Sea exhibit and wrapped up with a scrumptious wood-fired pizza feast at Cottesloe Beach Hotel.



Waterfront Cottesloe



Our Waterfront Cottesloe development is now complete, with more residents moving in and joining our community over the coming weeks.

It has been wonderful to see residents making use of the new resort style amenities. The heated pool has been getting well used, along with the modern gym and serene yoga space. Residents are regularly spotted enjoying the Ocean Front Lounge - the perfect place to enjoy a morning coffee or afternoon beverage friends and take in the uninterrupted ocean views.



A new Waterfront team member



With the growth of our Waterfront community, we have also welcomed a new team member to a newly created role, Waterfront Cottesloe concierge. Many of you will recognise Sonia Jones from her time at Marine Views Cottesloe. Sonia has hit the ground running, assisting people with moving in, setting up their access to the Waterfront app, organising resident events and a whole lot more!

Sonia is based in The Heritage Collective, but you are more likely to find her somewhere in Waterfront Cottesloe with residents. Welcome Sonia!

2024 Curtin Heritage Living - Winter Appeal

From the first of May, we will once again be collecting donations for people experiencing homelessness. This year, the team at 360 Street Doctor have made a specific request for warm socks (new) and beanies.

We will remind you again closer to the time - but in the meantime, you may like to talk to your friends and family about collecting and donating.

Thanking you all in advance for your support.

Sustainability news – focus on recycling

Fun work fact: we can save money at work by recycling as much as possible in the yellow top bins – the waste collection cost is around half that of the general waste bins. This gives us more money to spend on our lovely residents, clients and staff.

Did you know you can recycle...

- Worn out sports shoes at TreadLightly's collection sites – you can find one near you by using the postcode search here: <https://treadlightly.asga.com.au>. TreadLightly recycle the shoes into things like rubber flooring and playground underlays.
- Sport shoes with some life left (!) can be donated to Shoes for Planet Earth. <https://www.shoesforplanetearth.com>. There is a central warehouse in Myaree for Western Australia, if you have shoes to donate please email them at info@shoesforplanetearth.com
- Clothing contributes over 100,000 tonnes to landfill each year in Australia – rather than dumping unusable items on charities and op shops retailers H&M and Zara in Perth and around Australia will take textiles in any condition for reuse or recycling. https://www2.hm.com/en_au/sustainability-at-hm/our-work/close-the-loop.html and <https://www.zara.com/au/en/help-center/ClothesCollectionProgram>
- Spectacles/glasses and sunglasses can be donated to Lions Clubs' Recycle for Sight as long as they aren't broken. <https://lionsclubs.org.au/our-impact/recycle-for-sight-australia/>
- Mattresses - Soft Landing Mattress Recycling collects and dismantles mattresses to keep the maximum amount out of landfill and operates in Western Australia: <https://softlanding.com.au/bookings-wa/>
- Cookware - Non-stick cookware can't be accepted so it is better to buy longer-lasting wrought-iron, cast-iron or stainless steel pans which can be recycled via the Great Pan Exchange (available at Kitchen Warehouse) or Tefal's Act Together program.
- Soft plastics – unfortunately can't be recycled so 'refusing to use' and choosing 'nude' produce and unpackaged items is the best thing we can do.
- Old pens, markers, computers, mobile phones, printer cartridges, old usbs.....take them to Officeworks.

'Buy Nothing' local community groups on Facebook are also great ways of finding/giving away items that still have life left.

Local councils/local governments also have recycling stations – you can check their websites. Some examples that councils recycle from their drop-off locations include household lights and batteries (these leak toxic chemicals if disposed of in landfill).

For even more ideas go to Planet Ark's website and search for material and location for recycling:
<https://recyclingnearyou.com.au>

What's on?

Marine Views Cottesloe

- 4th April @ 12pm, Easter long table lunch
- 10th April @ 2pm, Qi Gong with Michael Ho
- 11th April @ 2pm, The Heritage Collective Workshop opening afternoon tea
- 23rd April @ 10:30am, ANZAC Day service and morning tea
- 24th April @ 10am, Intergenerational Playgroup

RiverSea Mosman Park

- 19th April @ 1:30pm, Llamas Downunder Visit
- 23rd April @ 2pm, ANZAC Day service and afternoon tea

The Heritage Collective

Spend some quality time with artist Kat Ferguson at our upcoming workshop in the Heritage Collective makerspace. Join Kat for a four hour immersive workshop (half hour break for lunch) and unleash your inner artist. All materials are included along with a delicious lunch.

- What: Abstract art workshop with Kat Ferguson
- Where: in the Heritage Collective makerspace.
- When: 3rd April @ 10am – 2:30pm
- Cost: \$95

Would you like to know more? Head over to <https://heritagecollective.com.au/event/abstract-painting-workshop-with-kat-ferguson/> where you can learn more and reserve your spot!

Welcome Lisa Winter

We have a new clinical expert joining our team to lead clinical quality projects in our residential care and in-home services.

Lisa Winter is an experienced nurse who has worked in senior clinical, quality, and leadership roles. She most recently led the clinical and allied health teams for 360, a large provider of medical, allied health, and community services. In this role, Lisa also ran Street Doctor, with whom we have been working for some months as part of our efforts to help others in need. Lisa worked in residential care early in her career and is looking forward to working with our residential and in-home teams.

Lisa starts work on 22 April. Please join us in welcoming her to the Curtin Heritage Living team.





Team Recognition

RiverSea Mosman Park - Julija Vilima

Julija is a dedicated and considerate carer. She is exceptionally adaptable to what is often a challenging working environment. Julija is a great example of what it means to be a 'team player' and has stepped in at short notice to help her colleagues. We are thankful to have Julija as part of our team at RiverSea

Marine Views Cottesloe - Gaki Gaki

Gaki has been receiving fantastic feedback for her housekeeping services at Shine. Additionally, she has embraced the new responsibility of being the communal housekeeper for The Heritage Collective and Waterfront Cottesloe. She is a hardworking, kind, and humble individual who shows great consideration for those around her. Gaki is always eager to tackle any task and expand her skill set.

Service Milestones

5 Years - Susan Higgins, Volunteer

For the last five years, Susan has dedicated her time to volunteering with a knitting group at our Marine Views Cottesloe and RiverSea Mosman Park homes. We appreciate her commitment and look forward to more knitting group activities.



Keep in touch!

Curtin Heritage Living (general enquiries): 08 6458 7555

Marine Views Cottesloe: 08 6458 7500

RiverSea Mosman Park: 08 9382 7500

Shine Community Care: 08 9382 7550

Waterfront Cottesloe: 08 9382 7555