

AVÉ unveils WA-inspired song cycle at The Heritage Collective

We were thrilled to host five-time ARIA Award winner Katie Noonan and AVÉ (Australian Vocal Ensemble) for a series of performances at The Heritage Collective in July.

AVÉ brings Australia's stories and languages to life through song and in just over three years, has commissioned 61 new works and become one of Australia's most distinctive and innovative vocal chamber groups.

The group opened their rehearsal to residents (pictured lower right), providing them with the opportunity to engage with the artists. Two sold-out performances were held in the Club Lounge with drinks and canapés, prepared by chef Aaron Burrows, served in the halls of the heritage buildings, giving guests the opportunity to explore our beautifully restored spaces.

Guests, seated alongside featured Western Australian composers, were thrilled to listen to the group's new song cycle inspired by the words of writer Tim Winton AO as well as a suite of commissioned works.

Thank you to all who attended, and to AVÉ for providing us with a truly emotive and special musical experience.



Lost Property Weekend this Saturday & Sunday

We have a significant amount of lost clothing, blankets, and other items. To address this, we are hosting a Lost Property Weekend this Saturday 2 August and Sunday 3 August in the Marine Views Library on Level 4. All unlabeled clothing and blankets will be on display. Laundry markers will be available for you to write your room numbers on any reclaimed items. Additionally, there will be bins and bags provided for you to place items in, with your room numbers clearly written on them. These will be sent to the laundry for proper labelling.

Flowers at Marine Views

One of our team members at Marine Views has a severe allergy to Lillies (Lillium) flowers, which can cause significant discomfort and health issues. To ensure a safe and comfortable environment for everyone, we kindly request that you refrain from bringing lilies to your loved ones. All other flowers are most welcome!



Face-To-Face

Over the past few weeks, our team, with the invaluable guidance of our educators, has been actively participating in face-to-face training. This collective effort is crucial in ensuring we are fully prepared for the introduction of the Strengthened Aged Care Quality Standards. The updates aim to improve the safety, wellbeing, and experience of people receiving care through both our residential and in-home community services.

Our training has covered key areas including person-centered care, culture and diversity, medical emergencies, dementia awareness, and self-care. It's with great pride that we can say our team is not just keeping up but excelling in their preparation for the new standards. The strong participation and engagement across all teams are a testament to our collective dedication and hard work.

We would like to thank all our team members for their commitment to learning and delivering high standards of care.

Tell us what you think!

At Curtin Heritage Living, we are committed to providing the highest quality of care and ensuring a supportive and welcoming environment for our residents, their families and our visitors. Your feedback plays a vital role in helping us achieve this.

We would greatly appreciate it if you could take a few moments to share your thoughts, suggestions, or experiences regarding the care and services we provide. Whether it's areas where we excel or aspects we could improve, your insights are invaluable to us. You can provide your feedback by using the following QR code, or by speaking to any of our team members.





IN-HOME SERVICES UPDATE

Support at Home is launching on November 1. Please keep an eye out for information sessions designed to help you understand what these changes mean for you.

If you have any questions regarding your services, whether you have been assigned a Home Care Package (HCP) or would like additional assistance with your daily living, please reach out to Jo, our friendly In-Home Client Liaison Officer. She can answer all of your queries and can be contacted at 08 9382 7550 or joannem@curtinheritage.com.au.

We understand that life can be unpredictable. If you are unable to have your service conducted at the scheduled time, please contact Jen or Annette in our scheduling team. They will be happy to cancel your current service and reschedule it for a time that is more convenient for you.

RESIDENT EXPERIENCE SURVEYS

YOUR OPPORTUNITY TO HAVE A SAY

The Department of Health and Aged Care collects information from aged care providers across Australia through two resident surveys: the Quality of Care Survey and the Quality of Life Survey.

These surveys are conducted every three months to ensure that all providers can measure and monitor their performance, continuously improving the care provided to their residents. These results are crucial for providing older Australians, care recipients, and the community with transparent information about the quality of care offered. They also supply the government with measures of aged care quality that inform policy and regulation.

The survey results are compiled quarterly for government reporting and also help us at Curtin Heritage Living understand what we are doing well and where we can enhance our services.

Each of the two resident surveys consists of just 10 questions and are available from Marine Views reception or ask a carer or lifestyle assistant for assistance.

THE MONTH IN REVIEW

MARINE VIEWS COTTESLOE

Residents enjoyed a bush tucker lunch and the unique experience of a Didgeridoo performance in recognition of **NAIDOC Week**. They appreciated hearing, seeing, and feeling the weight of the instrument crafted from eucalyptus wood, as well as boomerangs made from mulga and black wattle and spear shafts and walking sticks created from the flower stalks of grass trees.



A buzzy good time was had by all when Tony from Messines Bee Farm brought his bee friends to Marine Views for an engaging and educational visit. During the event, he explained the various roles that bees play within a hive, including the functions of worker bees, drones, and the queen bee. He also spoke to the challenges bees face due to current climate changes, and their impact on pollination and biodiversity. The residents had the rare opportunity to get up close and personal with the bees, observing their behaviour in a safe environment. They were even able to sample the delicious honey produced by these remarkable creatures.



THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK



Residents gathered at Mosman Park at the end of the month to enjoy entertainment provided by **Donald Fletcher Hughes**. Everyone who attended enjoyed his music, with staff seen dancing along and residents joining in by playing instruments. Classic songs such as "The Saints Go Marching In" and "You Are My Sunshine" encouraged everyone to sing along. Donald's vibrant piano pants made him stand out from the crowd, as did resident Tony Freeman's glittery jacket! Donald promises to return very soon and we can't wait.



Despite the drop in temperature, residents and staff have been enjoying bundling up and going for their **morning walks** along Stirling Highway. Scarves, coats, and hugs ensure everyone stays warm and in good spirits.

THE MONTH IN REVIEW

WATERFRONT COTTESLOE

Merry Merry! Yuletide celebrations arrived early for Waterfront residents with their annual Christmas in July lunch, held in the Ocean Front Lounge. Chef Aaron Burrows and his team prepared a festive feast that included roast turkey with all the trimmings and show-stopping plum pudding for dessert. Residents embraced the spirit of the season, singing and dancing while wearing Christmas-themed attire.



THE MONTH IN REVIEW

SHINE COMMUNITY CARE



We are excited to complete and exhibit our **Recycled Memories** wearable art project. This unique initiative allows our clients to share their life stories through wearable art pieces made entirely from recycled materials.



July's special highlights included another exploration of the **WA Museum Boola Bardip**, as part of our participation in the Footsteps program. Clients also completed some armchair travel, utilising VR technology to view the wonders of the Kimberley region, all from the comfort of their chairs!

Our **Christmas in July** themed Monthly Luncheon brought everyone together for a festive feast, and the Elton John impersonator had everyone up dancing.

Social centre clients started the month celebrating **NAIDOC Week**, completing an Indigenous art project and learning more about Aboriginal and Torres Strait Islander culture through quizzes and music.



Another memorable moment was our second **Intergenerational Playgroup** session with Sparrow Early Learning, which saw children and clients joyfully engaging in musical and sensory play, accompanied by plenty of giggles from all generations.



THE HERITAGE COLLECTIVE

MEET OUR NEW ARTIST IN RESIDENCE



We are thrilled to introduce muralist **Desmond Sweeney**, who has commenced his residency in the front room of the Makerspace this month.

Raised on the northern beaches of Sydney with a love for sea, surfing, and painting landscapes, Des now resides in Fremantle with his partner and fellow creative, Dee Tang, and their children.

Des's experience includes five years at the Sydney Opera House, where he created sets for Opera Australia, as well as theatre design in London. He has also taught special effects props painting, portraiture, and scenic painting at the National Institute of Dramatic Arts (NIDA). In 2013, Des founded the mural company 8footwalls, drawing on his vast background of experiences that have enhanced his expertise in related disciplines, including mural painting, faux effects, airbrushing, and illustration.

Currently, Des produces original paintings and marouflage wallcoverings for companies nationally and mural projects internationally. He is excited to create large-scale works here at The Heritage Collective with inspiring views out to the Indian Ocean.

We are delighted to have Des as part of our community and look forward to introducing him and his wonderful work to you.

THE HERITAGE COLLECTIVE

ART CLASSES WITH JOHN CULLINANE



Tempted to create an artwork but not sure where to start? Look no further. Prominent Perth artist John Cullinane is available in the Makerspace every Monday afternoon to inspire your painting projects. Bring your own art supplies and enjoy the company of other passionate painters with guidance from John.

When: Every Monday (excluding Public Holidays)

Where: Makerspace, The Heritage Collective

Time: 1.30pm – 3.30pm

BOOK NOW: <https://www.trybooking.com/DDOOD>



FIRST FRIDAY'S MAKERS CLUB

Join our regular monthly makers' group at the Heritage Makerspace! Bring your portable project, such as mending, stitching, journaling, miniature painting, spinning, or knitting, and enjoy the inspiration and camaraderie of fellow makers. All are welcome, whether you are a professional or an amateur!

When: First Friday of every month

Where: The Makerspace, The Heritage Collective

Time: 10:00am - 12:00pm

BOOK YOUR FREE SPOT NOW:

<https://www.trybooking.com/1342889>



THE HERITAGE COLLECTIVE

FIX, MAINTAIN & RECLAIM YOUR KNITTING MACHINE

Is there a neglected knitting machine collecting dust in your spare room or garage? Dust it off and join us for an engaging, hands-on session dedicated to revitalising your trusty machine.

Under expert guidance, you'll learn essential techniques to repair and maintain your machine, transforming it from a forgotten tool into a creative powerhouse.

This workshop is perfect for anyone looking to breathe new life into their knitting machine and explore the endless possibilities it offers.

Suitable for ages 16 and up keen to rediscover their passion for knitting!

When: Saturday 9 August or Sunday 10 August

Where: The Makerspace, The Heritage Collective

Time: 10.00am – 3.00pm

BOOK YOUR FREE SPOT NOW: <https://www.trybooking.com/DAZGO>



ART & WONDER AT THE HERITAGE COLLECTIVE

During the July school holiday, we loved hosting creative children in the Makerspace as part of our Art & Wonder series. Led by Karen Sabitay from ARTPOD, each child received one-on-one tuition in various art techniques to enhance their skills.

Keep an eye out for more art classes for kids and adults with Karen later in the year!



WHAT'S ON IN AUGUST

Marine Views Cottesloe

Special Events

- Wednesday 6 August, 2.15pm: Darryn's Concert in the Lobby Lounge
- Tuesday 12 August, 12.00pm: Indian Long Table Lunch in the dining rooms on all levels.
- Wednesday 13 August, 2.00pm: Qi Gong with Michael Ho in the Lobby Lounge.
- Thursday 28 August, 2.00pm: Happy Hour performance by Dana in the Lobby Lounge.

Regular Activities

- Monday 4 August, 11.00am: Anglican Church in the Pavilion
- Wednesday 6 August, 10.30am: Resident Representative Meeting in the Pavilion.
- Friday 8 August, 10.45am: Church Service in the Pavilion.
- Wednesday 13 August, 11.00am: Catholic Church in the Pavilion.
- Friday 15 August, 10.45am: Church Service in the Pavilion.
- Wednesday 20 August, 10.00am: Intergenerational Playgroup in the Lawley Lounge
- Wednesday 20 August, 2.00pm: Mindfulness Group in the Pavilion.
- Tuesday 26 August, 10.30am: Birthdays of the Month Celebration in the Art Space.
- Friday 29 August, 10.45am: Church Service in the Pavilion.

RiverSea Mosman Park

- Wednesday 6 August, 1.00pm: Darryn's Concert followed by Happy Hour
- Friday 8 August, 10.30pm: Piano Concert with Peter
- Saturday 9 August, 1.20pm: Melbourne v West Coast/ 2:35pm Fremantle v Geelong
- Monday 11 August, 1.30pm: Armchair travel to India and Masala Chai & Pokoras
- Thursday 14 August, time TBC: Indian Independence Day lunch
- Saturday 16 August, 11:45am: GWS v Freo
- Sunday 17 August, 2:40pm: West Coast v Carlton
- Friday 22 August, 10.30am: Piano Concert with Peter
- Friday 22 August, 1.30pm: Daffodil Day with Happy Hour
- Saturday 23 August, time TBC: AFL
- Saturday 30 August, time TBC: AFL Finals Week 1
- Saturday 30 August, time TBC: Audrey's 100th Birthday

Shine Community Care

- Thursday 14 August: Ferragosto Luncheon - Join us for our August monthly luncheon as we celebrate the Italian agricultural holiday with food and music!
- Monday 18 August: Recycled Memories - Exhibition of clients' wearable art projects, created in conjunction with Diana Kelly, PLC students and WasteSorted grant.
- Tuesday 26 August: Paint & Sip - Channel your inner artist and join us for an Andy Warhol-inspired painting class

TEAM MILESTONES

5 years: Karma Choden, Enrolled Nurse, Marine Views and Chador Wangmo, Carer, Marine Views.

10 years: Esther Ozowara, Carer, Marine Views.

15 years: Yassah Beyan, Care, RiverSea.



TEAM AWARDS

Carer **Amela Maric** has always been a voice, champion, and advocate for Riversea. She is dedicated to providing top-level care to our community, and we are fortunate to have someone as exceptional as her on our team.

Enrolled Nurse **Jill Teruel** at Marine Views is an incredible team player. Her constant smile and positive attitude make her a pleasure to work with. Thank you, Jill, for your flexibility and willingness to support the team.

Carer **Nima Gyeltshen** has developed into a consistent and reliable team member. He is always willing to help, listen, and learn. Nima has received several nominations from residents and colleagues, and he truly deserves recognition for his hard work.

CONGRATULATIONS TO ALL OUR TEAM MEMBERS WHO HAVE REACHED MILESTONES AND
THOSE WHO HAVE BEEN RECOGNISED BY RESIDENTS, FAMILY OR THEIR FELLOW TEAM MEMBERS
FOR GOING ABOVE AND BEYOND.
THANK YOU!