
Heritage News

DECEMBER 2025

Curtin
HERITAGE LIVING



A Year of Milestones and Community Spirit

As we draw closer to the end of the year, it is a great time to reflect on the activities of our community.

2025 has been an exciting year for Curtin Heritage Living, marked by growth, innovation, and national recognition. Highlights include acquiring the iconic 60 McCabe Street site in Mosman Park and welcoming Carealot into our family, expanding services and care offerings for older Australians.

We were honoured with the UDIA National Award for Excellence in Seniors Living and received accolades from the Heritage Council and Australian Institute of Architects for 40 Marine Parade, Cottesloe as recognition of our commitment to quality, heritage, and innovative design.

Community connection remains central to everything we do at Curtin Heritage Living. Programs like The Heritage Collective Artist-in-Residence and the Shine Social Centre continue to enrich residents' lives while strengthening ties with the wider community.

Looking ahead, we remain committed to delivering exceptional care, fostering innovation, and creating communities where independence, joy, dignity, and belonging are at the heart of every day.

From all of us at Curtin Heritage Living, we thank our valued clients for your ongoing support. We also thank our staff and volunteers for their hard work over what has been another year of significant change. Lastly, we wish you all a very safe and happy festive season.

David Cox
Managing Director

NEWS

Shaping the Future of McCabe: Community Sessions



In late October and early November, Curtin Heritage Living hosted community sessions at the Heritage Collective Theatre to open discussions about the **McCabe Street development**.

Managing Director David Cox welcomed residents, new neighbours, and stakeholders, inviting them to share ideas and feedback on the integrated care neighbourhood. Attendees explored plans for independent living, small household dementia care, public open spaces, community facilities, and commercial areas—sparking conversations that will help shape a connected and vibrant future for the McCabe community.

The McCabe project will draw on global best practice, incorporating evidence-based models from Denmark, Finland, Germany, and the Netherlands to create a balance between independence, care, and connection. Insights from leading Australian and New Zealand providers will guide culturally responsive, high-quality care. Lessons from Curtin Heritage Living's Cottesloe experience will inform operational strategies, household design, and community engagement, demonstrating how wellbeing, resident engagement, and operational efficiency can coexist seamlessly.

At McCabe, care will not be defined solely by clinical efficiency but by living fully, meaningfully, and safely. People living with dementia thrive in communities that prioritise choice, connection, and purpose. By combining world-leading research, innovative design, and a strong community ethos, McCabe will set a new benchmark for dementia care. Curtin Heritage Living envisions a world where care is not about isolation or rigid routines, but about life, laughter, and connection. Here, the boundaries between care and living blur, creating a neighbourhood where every resident experiences independence, dignity, and engagement while remaining fully part of the life around them.

IN-HOME SERVICES UPDATE

Support At Home - Official Start

On November 1, the official start of **Support at Home** began. We understand this transition may have caused some confusion for our clients, and we are committed to keeping you informed about any changes to services. We will also be holding more information sessions and ensuring our Care Partner team remains in regular contact.

If you have any questions regarding Support at Home, please reach out to your Care Partner

- Thinley Yangzom: 0472 734 085
- Vitor Da Silva: 0461 264 888
- Catherine Barrowman: 0461 555 299

Alignment of Carealot and Shine In-Home Services Metro Phone Lines

To provide clear communication and ensure clients can easily reach the right team, the main contact number for the Perth Metro office is now 9382 7550. The Carealot Perth Metro number has been diverted to this line.

- Office hours: Monday–Friday, 6:30am–6:30pm
- After hours: Calls are directed to our on-call team

When calling during office hours

- Option 1: New home care services → Client Liaison Team
- Option 2: Changes to service or scheduling → Scheduling Team
- Option 3: Existing care package → Care Partner Team
- Unsure who to speak with? Hold and a team member will assist. If all are busy, leave a message and we'll return your call promptly.

Outside office hours or public holidays

- Emergency: Hang up and call 000
- Option 1: Service-related enquiries outside hours → On-call staff
- Option 2: All other enquiries → Answering service; actioned next business day

On-Call Service

The on-call number is for emergencies only outside office hours (6:30am–6:30pm). General enquiries should be made during business hours.

South West and Great Southern Clients:

You can continue to use the existing regional numbers:

- South West Country: 08 9751 1077
- Great Southern: 08 6458 7602

Website Update

The Carealot website will soon redirect to the Shine Community Care website, with a dedicated option for Carealot clients. For any questions regarding the above, please contact your Care Partner.

**On behalf of the In-Home Services teams, we wish you and your families a wonderful festive season.
Stay safe, and we look forward to seeing you in the new year!**

NEWS

Celebrations: Birthdays & gatherings at Marine Views

We warmly invite families to make use of the Marine Views shared spaces—especially the Lobby—for small gatherings and special celebrations. Lobby amenities include a communal fridge for storing snacks and cakes, coffee machine, cups, plates and serviettes. We hope these spaces bring joy to you and your loved ones.



Private get-togethers at The Club Lounge

The Heritage Collective Club Lounge is available to all for private family gatherings, celebrations and sundowners. The space accommodates up to 50 people and includes a kitchen, a second living area, beautiful furnishings, a wrap-around veranda, and stunning ocean views. Catering is available, or you are welcome to bring your own food.

For more information, availability and venue hire costs, contact Elizabeth at elizabethc@curtinheritage.com.au



NEWS

Welcome Our New Residential GP, Dr Falo Bello

We welcome **Dr Falo Bello** to Curtin Heritage Living who will provide GP services to our residential community. Dr Bello is a vocationally registered GP with 20 years of experience in Australia and overseas, including Nigeria, Zambia, and South Africa. He has a strong interest in geriatrics, men's health, chronic disease management, and children's health, with half of his practice dedicated to aged care. Dr Bello is a Fellow of The Royal Australian College of General Practice and holds a Master's in Family Medicine and a Diploma in Industrial (Occupational) Medicine.

He is supported by Nurse Practitioner Babade Bamidele, who brings extensive aged care experience and works with IdealCare to provide high-quality clinical services. IdealCare also offers a Telehealth service, available from 8.00 am to 12.00 pm midnight, seven days a week, staffed by experienced practitioners to provide urgent assistance to residents. For more information, please contact your care manager.



Christmas Donations to Our Staff Benevolent Fund

Each year, we receive requests from families wishing to make gifts to individual staff members. To protect our vulnerable clients, our policy does not allow personal gifts. At Christmas, however, we warmly welcome donations to our Staff Benevolent Fund. This fund supports staff experiencing hardship and contributes to ongoing education and development.

If you would like to make a donation, you can do so via bank transfer:

Curtin Heritage Living Inc.

BSB: 066-000 Account Number: 12219674

Please include your name as the reference so we can issue a receipt. As a registered charity, all donations to Curtin Heritage Living are tax deductible. Our staff also greatly appreciate shared cards and treats during the festive season.

We appreciate you thinking of those who spend the holidays caring for your loved ones.

Foodbank Donation Trolley — Let's Fill It Together!

From 1 - 19 December, there will be a Foodbank donation trolley in the Marine Views Lobby to give our community the opportunity to support people experiencing hardship this Christmas. There will also be collection points at RiverSea and in The Heritage Collective kitchenette.

Foodbank accepts the following:

Non-perishable food items

Personal hygiene products: toothpaste, deodorant, shampoo, conditioner, body wash, hand wash, sanitary items

Baby essentials: nappies, wipes, baby food, formula

Christmas treats

Household cleaning items: dishwashing liquid, all-purpose cleaner, laundry detergent

Thank you for your generosity and kindness this festive season.

NEWS

Planning a Trip? Stay Healthy Wherever You Go

Same Day Appointments Next Door at Soleil Health

Whether you're heading overseas or exploring closer to home, your health should travel with you. Soleil Health offers personalised travel medicine to help you prepare with confidence, so you can focus on the adventure. From vaccinations and destination specific advice to managing medications while abroad, their GPs ensure you're protected, informed, and ready for the journey ahead.

Same day appointments available. Book your appointment online today or simply pop in. They are just next door.

www.soleilhealth.com.au
Call 6388 4442

Celebrating Our Team & Community Feedback

Acknowledging Excellence and Memorable Moments

During October, we received numerous compliments for Curtin Heritage Living's in-home team members, with 18 individuals acknowledged for their dedication and care. We also heard that the RiverSea Garden Party was a huge success! Feedback like this—both about what we are doing well and areas for improvement—is invaluable in helping us continue to enhance the service we provide.

Quality Corner - October 2025



52

New Compliments Received

• 35% of compliments were praising our in-home team, well done!



14

New Suggestions Received

• Lots of great ideas meal and activities this month



5

New Complaints Received



4

Open Complaints (Total)



7

Complaints Closed During the Month

Tell us what you think



At Curtin Heritage Living, we're committed to high-quality care and a welcoming environment for clients, families, and visitors. Your feedback helps us improve. Please share your thoughts or suggestions using the QR code or by speaking with any team member.

THE MONTH IN REVIEW

MARINE VIEWS COTTESLOE

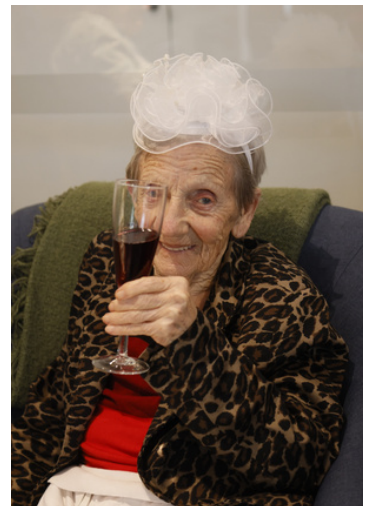
A **Remembrance Day Service** was held in the Marine Views Lobby Lounge to honour the bravery and sacrifice of soldiers from Commonwealth nations who served during World War One. Residents, staff, and visitors gathered to pay tribute, observe a moment of silence, and participate in readings and ceremonial rituals commemorating those who gave their lives in the pursuit of peace.



THE MONTH IN REVIEW

MARINE VIEWS COTTESLOE

After watching the **Melbourne Cup**, residents enjoyed a long table lunch in their respective dining rooms, sharing good food and camaraderie. The celebrations continued in the Lobby Lounge with a Fashion in the Fields event, featuring a red carpet and a judging panel to select the best-dressed participants. Guests then enjoyed drinks, nibbles, and live entertainment from Charlie Bray, creating a lively and stylish afternoon filled with laughter, community spirit, and racing excitement.



THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK



Our **Remembrance Day** service was a truly special occasion, bringing residents, staff, and visitors together to reflect and pay tribute to those who have served. The day was filled with quiet moments of reflection, thoughtful ceremony, and heartfelt connections that reminded us all of the enduring importance of community, compassion, and togetherness. Residents also got creative with Remembrance Day-themed craft, including a beautiful moment captured of Molly and Yvonne (right) working together.



Our residents have been enjoying a variety of **PrideFest activities**, including craft sessions and a special movie afternoon featuring Priscilla, Queen of the Desert, complete with popcorn and candy floss. Pride is a celebration of diversity, inclusion, and the freedom for everyone to live as their authentic selves.

The theme for PrideFest 2025, **We Are Here**, highlights the visibility, resilience, and unity of the LGBTQIA+ community. At Curtin Heritage Living, we proudly support this message and celebrate diversity ensuring everyone feels valued, respected, and included.

THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK



Our team at RiverSea have been trialling **Virtual Reality (VR) headsets** with residents, exploring new ways to engage and support those living with dementia. Research suggests that VR can be both calming and stimulating, offering residents immersive experiences that are enjoyable, soothing, and mentally engaging. Early feedback has been positive, and we're excited about the potential for this innovative approach to enhance wellbeing and quality of life.

We've been incredibly fortunate to have the support of **Care, Allied Health, and Nursing students** at RiverSea this year. Education Coordinator Jenny Stratford continues to support student placements, and we are truly grateful for the contributions these students make—helping us provide the best possible care while gaining invaluable experience.



THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK

November saw **gardening** in the sun, where clients nurtured plants and enjoyed the warmth and fresh air; a hit of **golf**, offering friendly competition and laughter on the greens; and **pet therapy sessions**, which brought comfort, companionship, and smiles to everyone involved.



THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK

We're thrilled to share more photos from our delightful **Spring Garden Party** last month! The garden was alive with laughter, sunshine, and the sound of live music as staff and residents came together to celebrate the season. Guests enjoyed grazing on a delicious spread of treats while soaking up the warm spring weather and catching up with friends and neighbours.



THE MONTH IN REVIEW

SHINE COMMUNITY CENTRE

The month kicked off with our annual **Melbourne Cup** luncheon, complete with racing, a buffet with bubbles, and a red carpet Fashion in the Fields event showcasing the fascinators and boutonnieres crafted by our guests.



Wednesday clients concluded their **WA Museum Footsteps program**, exploring the Changes gallery and WA's natural history—an experience many have called a 2025 highlight.



THE MONTH IN REVIEW

SHINE COMMUNITY CENTRE



Friday clients enjoyed a **guided Flora and Fauna tour of King's Park**, while Tuesday's group ventured to **Mandurah for dolphin watching** and a visit to the **Azelia Ley Homestead Museum**. The Monday ladies group had a blast on their annual **Shopping Safari**, putting staff to work carrying their Christmas hauls!



THE MONTH IN REVIEW

CAREALOT ALBANY

It has been a busy and exciting couple of months for the **Albany team** as we continue our transition to Curtin Heritage Living and roll out the new Support at Home program.

On 9 October, we hosted a **Home Care Information Session** that was very well attended by both our VHC and HCP clients. A huge thank you to David and Julie for joining us online and helping to answer a wide range of questions.

Later in October, we were delighted to welcome Curtin Heritage Living colleague **Melanie Pegg**, Clinical Specialist – Assessments & Training, who delivered valuable training to the Albany team. In early November, we were spoiled with another visit—this time from **Jessica Isaacs**, Systems & Administration Manager, who arrived bearing gifts and set up all of our new IT equipment.

Our team had a strong presence across several major community events in November. Julie, Angela and Kaitlyn staffed the Carealot stall at this year's **Albany Agricultural Show**. Many thanks to Lorelle Walton, Sue Cuthbert and Steph Spozetta for their delicious baking, and to Sue for volunteering her time to help Julie at the stall on Saturday. We hosted a stall at the **Albany Seniors Expo**, held on Remembrance Day with a wonderful community turnout and we joined the **Plantagenet Seniors Expo** at the Mt Barker turf club—another successful day.

Our **annual jellybean guessing competition** was a hit at every event, raising \$231 for Albany Community Hospice, who provide exceptional end-of-life care in our community.



THE HERITAGE COLLECTIVE

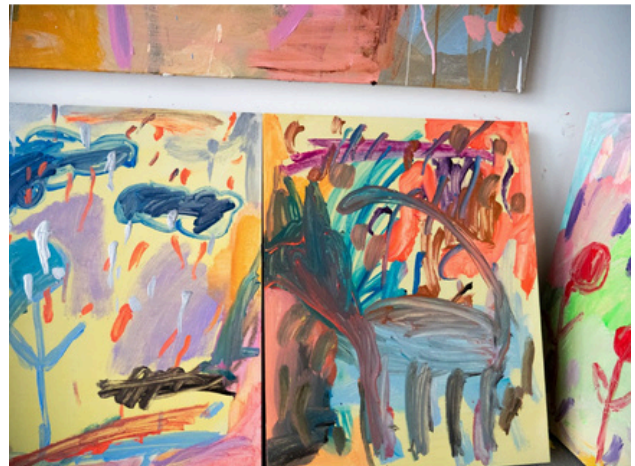
WHAT'S ON



Weekly Open Artist Studio

Starting Friday 5 December, pop in every Friday between 2:00pm – 3:00pm to meet Elle Campbell as she works in the Artist-in-Residence Studio next to the Makerspace.

Elle will be experimenting, exploring, and creating new pieces during her residency offering a rare behind-the-scenes glimpse into the life of an artist-in-residence. Please note, Open Studio dates may vary over the Christmas break, so check ahead if you're planning a visit.



We're Hooked

Courtesy of OFFMARKET Gallery, we are exhibiting a small collection of **playful sculptures by French artist Ortaire de Coupigny**. Using fish from his local market, he creates plaster-of-Paris casts, decorates them, and places each in an authentic French fish tin sealed with resin.

Lightweight, wall-ready and priced from \$310—they make the perfect art gift.

NOW ON DISPLAY

8.30am - 4.30pm

The Heritage Collective main hallway



THE HERITAGE COLLECTIVE

WHAT'S ON

First Friday's Makers Club

Join our regular monthly makers' group at the Heritage Makerspace! Bring your portable project, such as mending, stitching, journaling, miniature painting, spinning, or knitting, and enjoy the inspiration and camaraderie of fellow makers.

First Friday of every month
Makerspace, The Heritage Collective
10.00am - 12.00pm

Reserve your free space now!
<https://heritagecollective.com.au/event/first-friday-makers-club-2/2025-12-05/>



Strings By The Sea

The final performance in our concert series, **Strings By The Sea**, features the acclaimed Australian Baroque ensemble and local soprano Prudence Sanders performing in the Club Lounge.

A Celebration of Henry Purcell
Sunday, 7 December
3.00pm - 4.00pm
Club Lounge, The Heritage Collective.

Tickets are available via Australian Baroque:
<https://events.humanitix.com/strings-by-the-sea>

THE HERITAGE COLLECTIVE

WHAT'S ON



Christmas Workshops

Step into the magic of Christmas with **creative workshops** for all ages making delightful handmade decorations with teacher Karen Sabitay from Artpod.

For more information and to book a workshop head here: <https://heritagecollective.com.au/christmas-workshops/>



Art Tutoring

Receive art tutoring with Perth artist John Cullinane every Monday. Bring your project and materials, connect with fellow artists, and enjoy supportive sessions open to all skill levels.

Every Monday
Makerspace, The Heritage Collective
1.30pm – 3.30pm

Book now:
<https://heritagecollective.com.au/event/art-class-with-john-cullinane-2-2-2-2/2025-12-01/>



WHAT'S ON IN DECEMBER

Marine Views Cottlesloe

Special Events

Monday 8 December, from 12.00pm, Level 1 - Christmas Long Table Lunch

Tuesday 9 December, from 12.00pm, Level 2, 3, 4 - Christmas Long Table Lunch

For the Christmas Long Table Lunch, dress festive, enjoy entertainment, a Santa visit and a delicious lunch.

Families are welcome to join their loved ones for this event. Meals are \$27pp and bookings can be made at reception.

Wednesday 10 December, 10.30am, Lobby Lounge – Resident & Representatives Meeting

Thursday 11 December, 7.00pm – Christmas Lights Bus Trip (\$36.75/resident)

Friday 12 December, 1.30pm, Lobby Lounge - A Capella West Performance

Monday 15 December, 7.00pm - Christmas Lights Bus Trip (\$36.75/resident)

Tuesday 16 December, 7.00pm - Christmas Lights Bus Trip (\$36.75/resident)

Wednesday 17 December, from 2.00pm, Pavilion - Gyalyong Duchen (National Day of Bhutan)

Thursday 18 December, 2.00pm, Lobby lounge - Happy Hour with Dick + Henk

Thursday 18 December, 7.00pm - Christmas Lights Bus Trip (\$36.75/resident)

Friday 19 December, from 2.00pm, Lobby Lounge - Donald Fletcher Hughes Concert

Monday 22 December, 2.00pm, Lobby Lounge - Christmas Sing-a-Long

Regular Activities

Monday 1 December, 11.00am, Pavilion - Anglican Church Service

Wednesday 3 December, 2.15pm, Lobby Lounge – Darryn's Concert

Wednesday 10 December, 11.00am, Pavilion - Catholic Church Service

Wednesday 10 December, 2.00pm, Pavilion - Mindfulness Group

Monday 15 December, 2.00pm, Lobby Lounge - Lifespan Seated Dance

Wednesday 17 December, 10.00am, Lawley Lounge - Intergenerational Playgroup

Monday 22 December, 2.00pm, Lobby Lounge - Qi Gong with Michael Ho

Tuesday 30 December, 10.00am, Art Space - Birthdays of the Month Celebration

Shine Community Care

Tuesday 2 December, 12.00pm - Christmas en Blanc and a performance by A Capella West Choir

Monday 8 December, 10.30am, The Heritage Collective Theatre, Movie Screening: 27 Dresses

Tuesday 9 December, 9.00am - Bus Tour to the Swan Valley to the Margaret River Chocolate Factory

Thursday 11 December, 11.00am, The Heritage Collective Theatre, Movie Screening: Home Alone

Tuesday 19 December, 10.20am - 2.30pm - End-of-year Christmas party and final day of Social Club for 2025

Please note that the social centre will be closed from 20 December 2025 to 4 January 2026. There will be no social club, podiatry, or exercise class services operating out of the Forrest Street Social Centre location during this time. Please contact your care partner if you have any questions regarding this closure or your services.

WHAT'S ON IN DECEMBER

RiverSea Mosman Park

Special Events

Tuesday 2 December, 1:30pm - Memorial Service for Greg Connolly

Monday 8 December, 1.30pm - Qi Gong with Michael Ho.

Thursday 11 December, from 11.30am - RiverSea Christmas Lunch Celebration, live music by Charlie Bray, \$25/pp

Wednesday 17 December, 1.30pm - Gyalong Düchen (National Day of Bhutan)

Wednesday 17 December, 7.00pm - Christmas Lights Bus Trip, \$36.75pp

Tuesday 16 December, 1:30pm - Chaplain's Christmas Service

Bookings for these events is essential. Please RSVP to Jodi at Reception.

Music & Festivities

Wednesday 3 December, 1.00pm - Darryn's Concert

Thursday 4 & Monday 8 December - Christmas Craft Sessions

Tuesday 9 December, 10:00am - Cooking Class: Christmas Cookies

Wednesday 10 December, 1:30pm - Christmas Movies & Ice Cream

Friday 12 December, 1:30pm - A Capella West

Monday 15 December, 10.30am - Christmas Craft

Family members are invited to join us for a festive morning of creating Christmas decorations! All materials and morning tea will be provided.

Thursday 18 December, 10:00am - Donald Fletcher-Hughes on Piano

Friday 5 & 19 December, 10:30am - Peter on Piano

Tuesday 23 December, 1:30pm - Dick & Henk Christmas Concert and Happy Hour

Wednesday 24 December, 1:30pm - Christmas Sing-along

Physical Fitness Activities

Tuesday 2 December, 10:00am - Garden Games

Friday 5 & 19 December, 1:30pm - Seated Yoga with Victoria

Regular Activities

Daily Walking Group (weather permitting) at 10.00am

Salon sessions in our Wellness Centre

Cottage games - small groups and 1:1 sessions

TEAM NEWS

RECOGNITIONS

Employees of the Month

Patricia (Trish) Burne - Support Worker in Albany. Trish gives 110% to her clients and brings kind energy to everyone around her. We love having her as part of our team.

Christina Rawson - Care Partner in Busselton. Christina has done an amazing job with the huge workload she's been managing and, despite being busy, always has time for clients and staff and will always help if she can.

Louise Lukich - Scheduler in Busselton. Louise is a team player and always willing to help others.

Yangzom Yangzom, Carer – Marine Views. Yangzom provides the best care to the residents - caring, pushing fluids, offering help, a smiling face, and always calm and gentle.

MILESTONES

Congratulations to those celebrating 5 years!

Kinley Wangmo, Marine Views Carer | **Ngawang Tenzin**, Food Service Carer | Sarah Gosling, GM Finance & Sustainability.

TEAM PROFILE

Shine's Vitor Hugo Da Silva

What do you love most about your job?

I feel honoured to be able to support people who have done so much for their families and community. I love that I can use my skills to make a positive impact in their lives.

How do you take your coffee?

I'm Brazilian, so traditionally I drink filtered black coffee, but occasionally I give in to a latte.

What's your most used phrase or saying in the office?

I use "just a quick question" when I want to ask someone for help. It's never quick and it's never only one question.

Something people are often surprised to learn about you?

That I cook. I learned some of it from my grandma and some from my mum and dad. I enjoy baking cakes and often get asked to make something when friends come over.

Which song always makes you happy?

In the morning is Giant Steps by John Coltrane, after lunch is I'm on Smoko by The Chats and in the evening is Eric Satie's Gymnopédie no.1.

A simple pleasure you never get tired of?

Sunsets at the beach. Perth has stunning sunsets that I never get tired of. My favourite spots are by Cottesloe Beach or from the hills looking toward the city.

