

# Heritage News

FEBRUARY 2026

Curtin  
HERITAGE LIVING

## The Power of Creativity and Connection



Art and creativity play an essential role in supporting wellbeing for people of all ages, offering far more than moments of enjoyment. Creative activities provide meaningful opportunities to connect with others, express ideas and emotions, and engage in purposeful social interaction. Whether through painting, music, craft, writing, or storytelling, creativity encourages participation, conversation, and helps build relationships within communities.

Engaging in creative pursuits can also have a positive impact on mental and emotional health. Art-making offers a gentle way to reduce stress, lift mood, and support cognitive stimulation, while providing a sense of achievement and pride. For many people, creativity becomes a powerful form of self-expression, allowing thoughts, memories, and feelings to be communicated in ways that words alone cannot capture. By embedding art and creativity into everyday life, communities can become more connected, joyful, and resilient.

### **Get Creative with The Heritage Collective**

Join our art classes and explore your creativity in a friendly, supportive environment. Open to all ages and skill levels, these sessions are a great way to connect, express yourself, and have fun. For more information, head to [www.heritagecollective.com.au](http://www.heritagecollective.com.au) or contact Elizabeth Clarke at [elizabethc@curtinheritage.com.au](mailto:elizabethc@curtinheritage.com.au)

## NEWS

### Sculpture by the Sea, Cottesloe



RiverSea and Marine Views clients are invited to experience **Sculpture by the Sea** along Marine Parade, with free guided tours led by an artist.

- **Wednesday 11 March, 10:00am – RiverSea**
- **Tuesday 17 March, 10:00am – Marine Views**

Cost: \$36.75 per person

For more information and to book your spot, please contact Nicole Mudford at [nicolem@curtinheritage.com.au](mailto:nicolem@curtinheritage.com.au)

## Have You Lost Something?

Join us for our **Laundry Lost Clothing Weekend**, running from **Friday 20 to Sunday 22 February at Marine Views in the Level 4 Library.**

Residents and their families are warmly invited to have a look through the lost clothing collection and take home anything that belongs to them.

Laundry pens will be on hand so you can label clothing with your name and room number, helping keep everything where it belongs.

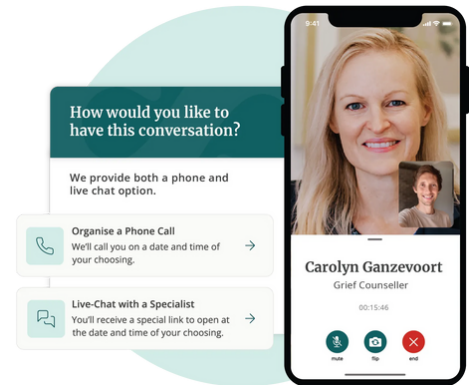
## NEWS

### Here to Support Curtin Heritage Families

**CareLoop is a free support service** that helps take the stress out of aged care. From paperwork to ongoing support, you're guided through each step with care and clarity.

With your own Care Concierge and a handy online dashboard, you'll always know what's coming up and what to do next.

**Sign up:** [careloop.com.au/onboarding/curtinheritageliving](https://careloop.com.au/onboarding/curtinheritageliving)  
**Email:** [hello@careloop.com.au](mailto:hello@careloop.com.au)



### December Highlights: Thank You & Service Update

We loved hearing from you in December! Your messages and thoughtful Christmas cards let us know just how much everyone enjoyed the festive activities. A special shout-out also goes to our amazing carers, nurses, and support workers — your dedication doesn't go unnoticed.

We also appreciate your patience with the recent issues in our regional in-home services telephone systems. Integration complications between Carealot and the wider Curtin Heritage Living phone system sometimes made it tricky to reach rural offices and temporarily disabled voicemail. The IT team is on it, working with our communications provider to get everything running smoothly again. Thank you for your understanding as we resolve these issues.

#### Quality Corner - December 2025



68

**New Compliments Received**

- Everyone loved our Christmas activities!



22

**New Suggestions Received**

- Great ideas on how the community can work together to help residents



18

**New Complaints Received**



28

**Open Complaints (Total)**



17

**Complaints Closed During the Month**

### Tell us what you think



At Curtin Heritage Living, we're committed to high-quality care and a welcoming environment for clients, families, and visitors. Your feedback helps us improve. Please share your thoughts or suggestions using the QR code or by speaking with any team member.

## THE MONTH IN REVIEW

### MARINE VIEWS COTTESLOE

In January, Marine Views hosted a festive **Australia Day long table lunch**, including classic Aussie dishes and eucalyptus centrepieces. Clients also enjoyed seated **Tai Chi sessions**, which offer a gentle and calming way to improve flexibility and overall wellbeing. Led by an experienced instructor, the classes are suitable for all abilities and provide both physical benefits and a wonderful opportunity for social connection.



## THE MONTH IN REVIEW

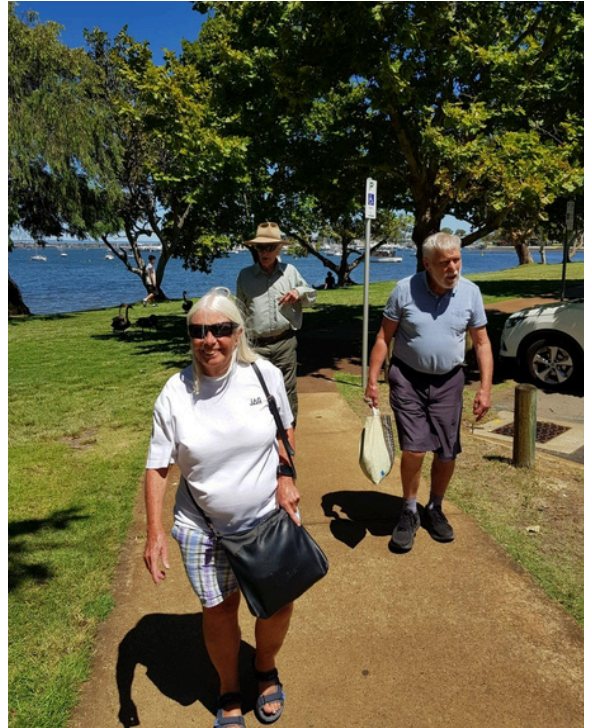
### RIVERSEA MOSMAN PARK

Riversea marked **Australia Day** with a BBQ lunch, before welcoming West Oz Wildlife for an unforgettable visit. Residents had the opportunity to hold a koala, python, sugar glider and blue-tongue lizard, creating a truly memorable afternoon.



## THE MONTH IN REVIEW SHINE COMMUNITY CENTRE

Shine clients enjoyed a relaxing outing to **Bayside Kitchen** for a delicious lunch with stunning views of the Swan River and explored the historic central fire station in the city. They also attended a special theatre screening of *Blueback* filmed in Bremer Bay, showcasing the breathtaking waters of Western Australia.



## THE MONTH IN REVIEW SHINE COMMUNITY CENTRE

Shine's Aussie-themed social activities were a true celebration of community, connection, and everything Australian! The fun kicked off with an **"Aussie, Aussie, Aussie" luncheon**, where clients enjoyed a feast of classic Australian fare — with the prawns stealing the show as the clear crowd favourite. The excitement continued at the Aussie Pool Party, with water play, backyard games, and the irresistible aroma of a sizzling BBQ. Laughter, singing, and Aussie spirit filled the air!

In January, social centre clients stayed active with a variety of **physical activities**, including thong toss, Nutbush line dancing, and lawn bowls. Indoors, they enjoyed creative and social activities such as paint play, our monthly Shine pub quiz, and a trip down memory lane. Highlights included exploring the story of the Australian team who won the America's Cup, sparking engaging conversations about sailing, shared histories, and Australia's spirit of excellence.



# THE MONTH IN REVIEW SHINE COMMUNITY CENTRE

More of Shine's January social activities!



## THE HERITAGE COLLECTIVE

### WHAT'S ON

#### She Sells Seashells by the Seashore

Join Karen Sabitay from Artpod for a creative **after-school art series** inspired by the beautiful forms of seashells. Children will explore the intricate patterns, textures and shapes of shells through drawing, printing and painting, building skills and confidence along the way.

**Wednesdays, 11 February – 1 April**

**4:15pm - 5:30pm**

**(8 consecutive weeks, starting Week 2 back at school)**

**Cost: \$400**

For more information head to Artpod:

[www.artpod.com.au/term-1-after-school/sisp1uscmfizbwem20xq8ywha6uxb0-522t3](http://www.artpod.com.au/term-1-after-school/sisp1uscmfizbwem20xq8ywha6uxb0-522t3)



#### Artist Talk: Christophe Stibio

You are invited to join us for a rare opportunity to meet Melbourne-based **French artist Christophe Stibio** in an intimate conversation ahead of his first-ever solo exhibition at OFFMARKET Gallery, “True Mornings, Never Real”.

**Wednesday, 4 February 2026**

**4:00pm – 5:30pm**

**Theatre, The Heritage Collective**



RSVP: Essential

<https://www.trybooking.com/events/landing/1510610>

#### Weekly Open Artist Studio

Pop in **every Friday between 2:00pm – 3:00pm** to meet Elle Campbell as she works in the Artist in Residence Studio next to the Makerspace.

Elle will be experimenting, exploring, and creating new pieces during her residency offering a rare behind-the-scenes glimpse into the life of a working artist.



## THE HERITAGE COLLECTIVE

### WHAT'S ON



### First Friday's Makers Club

Join our regular monthly **makers' group** at the Heritage Makerspace. Bring your portable project, such as mending, stitching, journaling, painting, or knitting, and enjoy the inspiration of fellow makers.

**Friday 6 February**  
**10:00am - 12:00pm**  
**Makerspace**  
**The Heritage Collective**

Reserve your free space now!  
<https://www.trybooking.com/DITRU>



### Sunday Classics at Heritage

**Book now for the launch of a new classical music series at The Heritage Collective.** Join violinist Akiko Miyazawa and harpist Yi-Yun Loei from Cygnus Arioso for an afternoon of classical music.

The program includes: Händel: Violin Sonata in e minor, Chopin: Nocturne in C sharp minor, Kreisler: Schön Rosmarin, Liebesfreud, Saint-Saens: Fantaisie for violin and harp Op. 124 and Piazzolla: Histoire du tango

**Sunday 8 February 2026**  
**Pre-drinks: 2:30pm / Performance: 3:00pm – 4:00pm**

Cost: \$68. Book tickets through Cygnus Arioso  
<https://events.humanitix.com/sunday-claisscs-at-heritage-heavenly-duos-violin-and-harp>



### Art Tutoring

Receive **art tutoring** with Perth artist John Cullinane every Monday. Bring your project and materials, connect with fellow artists, and enjoy supportive sessions open to all skill levels.

**Every Monday**  
**Makerspace**  
**The Heritage Collective**  
**1:30pm – 3:30pm**

Book now:  
<https://www.trybooking.com/DIVBH>



## THE HERITAGE COLLECTIVE WHAT'S ON



### Summer Movie Nights Special

Settle in for a relaxing midweek escape with our special **Summer Nights at The Heritage Collective**. Enjoy a handpicked selection of films and a glass of wine and popcorn (for just \$5). Gather your friends, take a midweek pause, and let the big screen transport you.

**When Harry Met Sally (1989)**

**6:00pm, Thursday, 5 February**

For more information and to book, head to link below or use QR Code.  
[HTTPS://WWW.TRYBOOKING.COM/DHYTM](https://www.trybooking.com/DHYTM)



**Call Me By Your Name (2017)**

**6:00pm, Wednesday, 11 February**

For more information and to book, head to link below or use QR Code.  
[HTTPS://WWW.TRYBOOKING.COM/DHYTQ](https://www.trybooking.com/DHYTQ)



**Atonement (2007)**

**6:00pm, Wednesday, 18 February**

For more information and to book, head to link below or use QR Code.  
[HTTPS://WWW.TRYBOOKING.COM/DHYTT](https://www.trybooking.com/DHYTT)



**Knives Out (2019)**

**6:00pm, Wednesday, 25 February**

For more information and to book, head to link below or use QR Code.  
<https://www.trybooking.com/DHYUC>



## THE HERITAGE COLLECTIVE SPACES FOR HIRE

### Hire a Space at The Heritage Collective

Looking for the perfect spot for your next event, workshop, or gathering?

The Heritage Collective offers versatile spaces designed to inspire creativity and connection.

- Club Lounge – beautiful ocean and garden outlook, perfect for presentations, concerts, and family events
- Theatre – ideal for presentations and performances
- Boardroom – perfect for meetings and workshops
- Makerspace – a bright, creative space for classes or events

Enquire today: [elizabethc@curtinheritage.com.au](mailto:elizabethc@curtinheritage.com.au)



## WHAT'S ON IN FEBRUARY

### Marine Views Cottesloe

#### Special Events

- Friday 6 February, from 2:00pm, Pavilion** - Curtin Heritage Winter Olympics Opening Ceremony + activities
- Monday 9 February, 10:00am** - Artist in Residence Elle Campbell painting demonstration
- Wednesday 11 February, 10:30am, Pavilion** - Residents + Representatives Meeting
- Friday 13 February, 12:00pm, Dining Rooms** - Valentine's Day Long Table Lunch - RSVP at Reception
- Tuesday 17 February, 10:30am, Pavilion Levels 2-4** - Armchair Travel for Chinese New Year
- Tuesday 24 February, from 2:30pm in Forrest for Level 1** - Armchair Travel for Chinese New Year
- Thursday 26 February, from 2:00pm, Lobby** - Happy Hour with Charlie Bray

#### Regular Events

- Wednesday 4 February, 2:15pm, Lobby** - Darryn's Concert
- Wednesday 11 February, 11:00am, Lawley Lounge** - Catholic Church
- Wednesday 11 February, 2:00pm, Lobby** - Xi Gong with Michael Ho
- Monday 16 February, 2:30pm, Lobby** - Lifespan Seated Dance
- Wednesday 18 February, 10:00am, Pavilion** - Intergenerational Playgroup

Join us for other fun activities such as exercise groups, coffee club, art sessions, cognitive games and knitting.

### RiverSea Mosman Park

**Special Events - Bookings are essential. Please RSVP to Jodi at Reception**

- Thursday 12 February, from 10:30am** - Valentines Morning Tea

#### Music & Sensory

- Wednesday 4 February, 1:00pm** - Darryn's Concert and Happy Hour
- Thursday 5 February, 10:30am**, Valentine's Day Craft
- Friday 6 February, 10:30am** - Peter The Piano Man
- Monday 9 February, 1:30pm** - Valentine's Day Cooking Class
- Wednesday 18 February, 1:30pm** - Fiona Campbell + Tommaso Pollio Concert + Happy Hour
- Friday 20 February, 10:30am** - Peter The Piano Man

#### Physical Fitness Activities

- Tuesday 10 February, 10:30am** - Seated Aerobics
- Friday 13 February, 10:30am** - Seated Yoga + **1:30pm** - Qi Gong with Michael Ho
- Friday 27 February, 10:30am** - Seated Yoga

**Regular Events** Join us for small groups in cottages and 1:1, book club, garden walks and much more!

### Shine Community Care

- Tuesday 3 February** - Outing to The Academy of Taxidermy in Guildford
- Wednesday 4 February** - West Oz Wildlife
- Monday 9 February** - Sparrows Childcare intergeneration play group
- Tuesday 10 February** - "Sway my Way" Valentine's Luncheon
- Tuesday 17 February** - Outing to Crown Casino and Lunch at 88 Noodle Bar

Throughout the month, we are celebrating Valentine's Day, Chinese New Year and having fun at the social centre!

## TEAM NEWS

### 5 Quick-Fire Questions to Get to Know Jamie Goddard



We're pleased to welcome our new Care Partner, **Jamie Goddard**, to our Support at Home team. Jamie brings extensive experience in aged care and community services, including coordinating in-home aged care under the Support at Home program and supporting clients and families with care planning, reviews, budgeting, and service coordination. Jamie's caring and professional approach makes him a strong addition to our team.

**To help you get to know him better, we asked Jamie five quick-fire questions!**

**If you weren't working in aged care, what would your dream job be?**

Paramedic—but I can't stand bodily fluids, haha!

**What's your go-to "pick-me-up" song or comfort snack during a busy day?**

A ham, cheese, and tomato toastie—always my go-to, especially when I start feeling run down.

**What's the funniest or most heartwarming thing a client has ever said to you?**

Funny: "I don't mind getting old... I just wish it came with an instruction manual and fewer appointments" and "Love, if I was scared of falling, I'd never have gotten married."

Heartwarming: "Thank you for talking to me like I still matter" and "You don't just help me stay at home — you help me stay me."

**If you could bring one thing to work every day, no matter what, what would it be?**

My French bulldog, Mr Milo.

**What's your secret talent or hobby that most people don't know about?**

I can sleep anywhere, anytime—even on a barbed wire fence! I just love sleeping.

## Milestones

5 Years Congratulations!

- **Claire Maninin**, In-Home Carer
- **Camilo Alarcon**, Project & Systems Accountant
- **Joan Koskei**, RiverSea Carer