

Heritage News

JANUARY 2026

Curtin
HERITAGE LIVING

Summer at Curtin Heritage Living: Colour, Creativity & Connection



The holidays have seen Curtin Heritage Living come alive with mini-Picassos of all ages! Children explored a variety of creative mediums, filling our heritage spaces with colour, laughter, and imagination. In December, Artist in Residence Elle Campbell hosted her popular Paint Club for Kids, while Artpod's Karen Sabitay guided children in creating vibrant artworks and kites—which they then proudly flew in our gardens.

These joyful moments epitomise summer, connect generations, welcome the wider community, and show how creativity can inspire and bring happiness to all.



IN-HOME SERVICES UPDATE

Supporting You Better, Closer to Home

In-home clients – we’d like to remind you about an upcoming change to how we deliver care across the Perth metropolitan area. We will be introducing dedicated care teams assigned to specific zones. This change will help us to better understand the services and resources available in your local area, respond more efficiently to your enquiries and provide more consistent and familiar support

If these changes will affect how we support you, we will be in touch directly. In the meantime, if you have any questions or would like to speak with someone, please don’t hesitate to call us – we’re always happy to help.

Business hours: 8:00am – 4:00pm, Monday – Friday. Phone: 08 9382 7550

November Highlights

Team Recognition, IT Updates & Student Placements

November was a month of celebrating our amazing team members, with several individuals receiving multiple compliments for their efforts. Well done to Asha Smith, Paige Grosser, Dema Dema, Billy Shin, Tina Hopper, Elisha Downes, Amisha Patel, Maridolf Redondiez, Choki Wangmo, Dechen Zangmo, Vitor De Silva, Julia Foux, Betty Dumper, Chagey Chagey, Amela Maric, and Lilli Stobbie.

During November, Curtin Heritage Living also welcomed a wonderful group of student nurses and carers on their practical placements. We received excellent feedback from residents who enjoyed having them around, and the students shared heartfelt letters expressing the great learning experiences and friendships they made during their time with us.

Quality Corner - November 2025



54

New Compliments Received

• 50% of compliments were for the team at Marine Views, well done!



23

New Suggestions Received

• Lots of great ideas from staff for enhancing internal processes



28

New Complaints Received



25

Open Complaints (Total)



6

Complaints Closed During the Month

Tell us what you think



At Curtin Heritage Living, we’re committed to high-quality care and a welcoming environment for clients, families, and visitors. Your feedback helps us improve. Please share your thoughts or suggestions using the QR code or by speaking with any team member.

NEWS

A Joyful Celebration of Bhutanese Tradition

In December, we celebrated **Bhutan's National Day** with our vibrant Bhutanese community. Observed annually on December 17, the day commemorates the 1907 coronation of Ugyen Wangchuck as Bhutan's first Druk Gyalpo, marking the unification of the kingdom and reflecting on peace, unity, and Gross National Happiness.

Our special celebration included a delicious feast of momo dumplings with spicy chilli sambal, traditional salted tea, and moorish Sel Roti (rice flour doughnuts) and was a joyful occasion to share culture, laughter, and community.



Community Giving Foodbank Christmas Appeal

During December, our community came together in a wonderful show of generosity to support Foodbank WA through Curtin Heritage Living's Christmas Appeal.

Thanks to the kindness of our residents, staff, clients and their families, an **incredible 164 kilograms of food and essential goods** were donated to help people who are experiencing hardship during the festive season.

Every contribution — from pantry staples to personal care items — will help bring dignity, comfort and relief to families when it is needed most.

NEWS

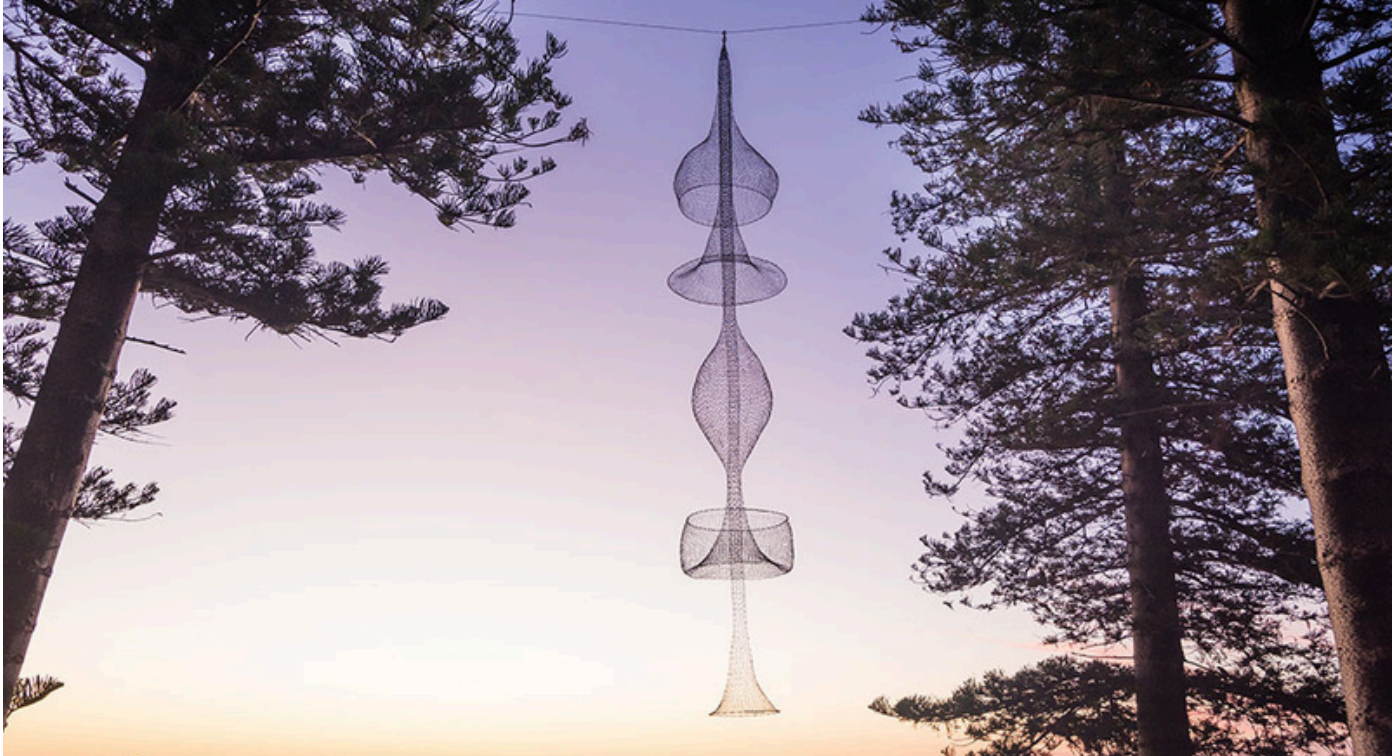
Heritage Gardens Spark a Holiday Masterpiece

Last month, Donna Campbell from **The Freo Florist** brought extra cheer to our heritage gardens and Marine Views lobby. Donna foraged our gardens for seasonal florals and foliage before creating a giant Christmas wreath from a bicycle tyre. Residents and staff were delighted by the vibrant, festive display, which perfectly captured the spirit of the season.



NEWS

FREE TOURS: Sculpture by the Sea, Cottesloe



Curtin Heritage Living clients are invited to enjoy **Sculpture by the Sea** with free guided tours led by an artist along Marine Parade.

Tours are available at 10:00am and 11:15am weekdays during March.

For more information and bookings please contact:

Waterfront: soniaj@curtinheritage.com.au

Shine Social Centre: briarm@curtinheritage.com.au

Marine Views and RiverSea: nicolem@curtinheritage.com.au

CareLoop: Help When You Need It

CareLoop is a free support service for Curtin Heritage Living families, guiding you through every stage of aged care — from paperwork to ongoing support.

With a dedicated Care Concierge and an easy online dashboard, you'll always know what to do and when.

Sign up: careloop.com.au/onboarding/curtinheritageliving

Email: hello@careloop.com.au



NEWS

Looking After Your Skin: Simple Daily Tips



As we age, our skin becomes thinner, drier, and more fragile. A little extra care each day can keep it healthy and comfortable and make a big difference to your comfort and health.

- **Clean & moisturise** – Use warm water and a gentle, soap-free cleanser. Pat dry and apply moisturiser while skin is still slightly damp to lock in moisture.
- **Stay hydrated** – Drink plenty of fluids like water, tea, or soups to nourish your skin from the inside out.
- **Protect from the sun** – Wear a hat, long sleeves, and sunscreen when outdoors. Sun and heat dry out skin fast.
- **Check your skin** – Look for redness, dry patches, cracks, or sores, especially on legs, feet, elbows, and heels. Catching problems early makes them easier to treat.
- **Hands & feet** – Moisturise hands after washing, keep nails trimmed, and dry feet carefully between toes. Report any pain, redness, or changes.
- **Ask for help** – Notice dryness, itching, rashes, or sores? Let your care team know. Early treatment keeps skin healthy.

Lost Clothing Weekend at Marine Views Cottages

Have you been missing a favourite jumper, hat or scarf? Now is the perfect time to look for it. We're holding a Laundry Lost Clothing Weekend from **Friday 20 February to Sunday 22 February** in the Level 4 Library. Residents and their families are invited to browse through the lost clothing collection and reclaim any items that belong to them.

To help ensure everything finds its way home, laundry pens will be available so you can mark clothing with your name and room number. We look forward to seeing you there and reuniting you with some long-lost favourites.

THE MONTH IN REVIEW WATERFRONT COTTESLOE

The **Waterfront Resident Christmas Party** was a great success, with over 100 people attending. A huge thank you to chef Aaron Burrows and his team, and to Sonia, who championed this event and made it such a special occasion. Our heartfelt thanks and gratitude to everyone involved.



THE MONTH IN REVIEW

MARINE VIEWS COTTESLOE

Our residents enjoyed a joyful Christmas celebration, complete with a special visit from Santa (aka Greg!) toting Christmas presents for all, bringing smiles and festive cheer all around.



THE MONTH IN REVIEW RIVERSEA MOSMAN PARK

RiverSea residents enjoyed a festive **Christmas lunch** complete with a special visit from Santa and gifts for everyone. The celebration was made even more memorable with a wonderful music performance by Charlie Bray, followed by a relaxed barbecue lunch shared together in great holiday spirit.



THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK

New Year's Eve festivities commenced with 2025 Wrapped, where staff shared favourite photos from the year and residents reflected on memories and special moments from the year. In the afternoon, the celebrations continued with a Happy Hour, featuring music, delicious food, festive decorations, and of course, 2026 glasses. It was wonderful to see families join in the celebrations as we welcomed the new year together.



Our January bus trip took residents to beautiful **Shenton Park Lake**, with the ever-reliable Tom Roberts behind the wheel. Tom has been generously volunteering as a bus driver for Marine Views and RiverSea for almost two years, following the passing of his wife, Helen, at RiverSea.

This outing marked Tom's final bus trip with us, as he prepares to move on to new adventures, travel, and time with family. Tom has been a much-loved part of the Curtin Heritage community, and he will be greatly missed. We thank him sincerely for his kindness, dedication, and the care he has shown our residents.



THE MONTH IN REVIEW SHINE COMMUNITY CENTRE

At Shine, the festive season was filled with memorable moments, starting with our **Christmas party**, made extra special by a visit from Santa, who delighted clients by handing out the personalised stockings they had crafted earlier in the month.

Our **Monthly Luncheon** brought plenty of cheer, with the Acapella West Choir performing much-loved Christmas carols and clients also enjoyed **festive bus outings** to the Margaret River Chocolate Factory and Bib & Tucker.



THE MONTH IN REVIEW

CAREALOT ALBANY

The **Friendship Club Christmas Lunch**, held at The People's Place in Busselton, was a wonderful way to celebrate the festive season together. Friendship Club Coordinator Louise prepared a delicious Christmas feast, including a beautiful cheese board, ham and turkey, fresh salads, prawn cocktails, and a sweet selection of lollies and chocolates to finish, all enjoyed with tea and coffee. Support Workers Sonya and Kim joined in the celebrations and helped make the day extra special for our Friendship Club members.



THE HERITAGE COLLECTIVE

Cheers to Creativity: Welcoming Elle Campbell

December kicked off at The Heritage Collective with our new **Artist in Residence, Elle Campbell**. Guests enjoyed Friday afternoon drinks in the Makerspace, explored Elle's latest works, and even had a go at painting themselves under her expert eye.



THE HERITAGE COLLECTIVE WHAT'S ON

School Holiday Classes

Spark imagination these holidays with **art workshops** starting this week. Each session is different and led by Karen Sabitay from ARTPOD. Suitable for children and young people aged 6 to 15.

School Holiday Classes

Monday, January 19 - Thursday, January 22

10:00am - 1:00pm

Makerspace, The Heritage Collective

For more information head to Artpod:

<https://www.artpod.com.au/school-holiday-workshops>



Artist Talk: Christophe Stibio

You are invited to join us for a rare opportunity to meet Melbourne-based **French artist Christophe Stibio** in an intimate conversation ahead of his first-ever solo exhibition at OFFMARKET Gallery, "True Mornings, Never Real".

Wednesday, 4 February 2026

4:00pm – 5:30pm

Theatre, The Heritage Collective



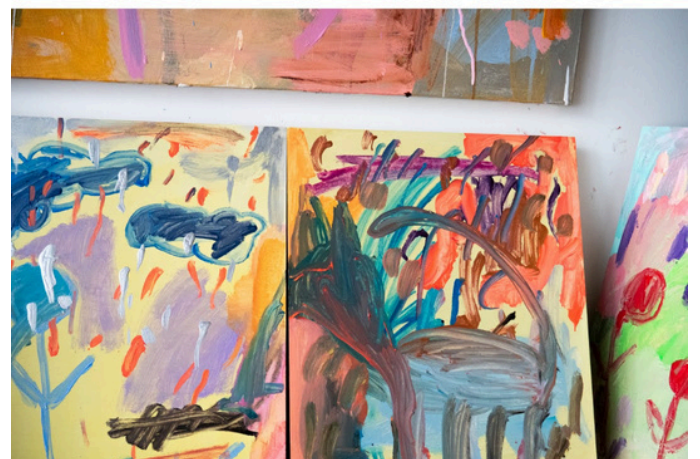
RSVP: Essential

<https://www.trybooking.com/events/landing/1510610>

Weekly Open Artist Studio

Pop in **every Friday between 2:00pm – 3:00pm** to meet Elle Campbell as she works in the Artist in Residence Studio next to the Makerspace.

Elle will be experimenting, exploring, and creating new pieces during her residency offering a rare behind-the-scenes glimpse into the life of a working artist.



THE HERITAGE COLLECTIVE WHAT'S ON



First Friday's Makers Club

Join our regular monthly makers' group at the Heritage Makerspace. Bring your portable project, such as mending, stitching, journaling, painting, or knitting, and enjoy the inspiration of fellow makers.

Friday 6 February
10:00am - 12:00pm
Makerspace, The Heritage Collective

Reserve your free space now!
<https://www.trybooking.com/DITRU>



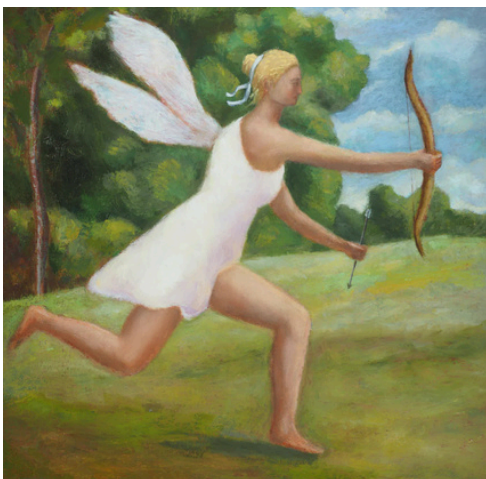
Sunday Classics at Heritage

Book now for the launch of a new classical music series at The Heritage Collective. Join violinist Akiko Miyazawa and harpist Yi-Yun Loei from Cygnus Arioso for an afternoon of classical music.

The program includes: Händel: Violin Sonata in e minor, Chopin: Nocturne in C sharp minor, Kreisler: Schön Rosmarin, Liebesfreud, Saint-Saens: Fantaisie for violin and harp Op. 124 and Piazzolla: Histoire du tango

Sunday 8 February 2026
Pre-drinks: 2:30pm / Performance: 3:00pm – 4:00pm

Cost: \$68. Book tickets through Cygnus Arioso
<https://events.humanitix.com/sunday-claisscs-at-heritage-heavenly-duos-violin-and-harp>



Art Tutoring

Receive **art tutoring** with Perth artist John Cullinane every Monday. Bring your project and materials, connect with fellow artists, and enjoy supportive sessions open to all skill levels.

Every Monday
Makerspace, The Heritage Collective
1:30pm – 3:30pm

Book now:
<https://www.trybooking.com/DIVBH>



THE HERITAGE COLLECTIVE

WHAT'S ON

Summer Movie Nights Special

Settle in for a relaxing midweek escape with our special **Summer Nights at The Heritage Collective**. Enjoy a handpicked selection of films and a glass of wine and popcorn (for just \$5). Gather your friends, take a midweek pause, and let the big screen transport you.



When Harry Met Sally (1989)

6:00pm, Thursday, 5 February

For more information and to book, head to link below or use QR Code.

[HTTPS://WWW.TRYBOOKING.COM/DHYTM](https://www.trybooking.com/DHYTM)



Call Me By Your Name (2017)

6:00pm, Wednesday, 11 February

For more information and to book, head to link below or use QR Code.

[HTTPS://WWW.TRYBOOKING.COM/DHYTQ](https://www.trybooking.com/DHYTQ)



Atonement (2007)

6:00pm, Wednesday, 18 February

For more information and to book, head to link below or use QR Code.

[HTTPS://WWW.TRYBOOKING.COM/DHYTT](https://www.trybooking.com/DHYTT)



Glass Onion: A Knives Out Mystery (2019)

6:00pm, Wednesday, 25 February

For more information and to book, head to link below or use QR Code.

<https://www.trybooking.com/DHYUC>



WHAT'S ON IN JANUARY

Marine Views Cottesloe

Special Events

- Tuesday 20 January, from 10:00am, Lobby Lounge** - Australia Day Petting Zoo
- Thursday 22 January, 12:00pm, Dining Rooms** - Australia Day Long Table Lunch
- Wednesday 28 January, from 2:00pm, Level 1** - Summer pool party
- Thursday 29 January, from 2:00pm, Levels 2-4** - Summer pool party

Regular Events

- Wednesday 21 January, 10:00am, Lawley Lounge** - Intergenerational Playgroup
- Wednesday 21 January, 2:00pm, Pavilion** - Mindfulness Group
- Tuesday 27 January, 10:30am, Art Space** - Birthdays of the month celebration

Shine Community Care

- Tuesday 20 January**, Monthly Luncheon - Aussie! Aussie! Aussie! theme
- Friday 23 January**, Annual Australian Pool Party
- Thursday 29 January**, Titanic Experience Tour

RiverSea Mosman Park

Special Events

- Tuesday 20 January, from 12:00pm** - Australia Day Barbecue Lunch
 - Tuesday 20 January, from 1:00pm** - Australia Day Petting Zoo
- Bookings for Special Events are essential. Please RSVP to Jodi at Reception.

Music & Sensory

- Tuesday 20 January, 1:30pm** - Cooking Class
- Friday 23 January, 10:30am** - Peter on Piano
- Wednesday 28 January, 1:30pm** - Paint & Sip

Physical Fitness Activities

- Monday 29 January, 1:30pm** - Qi Gong with Michael Ho
- Friday 30 January, 10:30am** - Seated Yoga with Victoria

Regular Activities

- Daily Walking Group (weather permitting), 10.00am**
- Salon sessions in our Wellness Centre**
- Cottage games, small groups and 1:1 sessions**

TEAM NEWS

Employees of the Month

Tina Rice – Regional Office Staff (Admin). Tina is a true asset to Carealot, known for her warm, professional manner and willingness to help. Over the Christmas and New Year period, she managed all diverted calls from the Albany office and her support was invaluable. Always positive, adaptable, and thoughtful, Tina made a significant difference during a very busy time and is genuinely appreciated by both clients and colleagues.

Sonam (Zoya) Doya - Curtin Heritage Living. Zoya has been a carer with Curtin Heritage Living for over a year, she has consistently displayed a professional approach to providing care to our community. Recently she was recognised by several of her colleagues and members of the care management team for going that bit further to make a difference and looking after the little things that make a big difference. Thank you Zoya.

Milestones

Congratulations!

5 Years Tshering Lhamo, Marine Views Carer

10 Years Sarah Bingham, Marine Views Food Service Carer & Jeannette Tilley, In-Home Carer

15 Years Mattie N'Jai, Marine Views Carer & Sheeba Ayyappan, Marine Views Registered Nurse

Staff Celebrate the Season with a Classic Film

The holiday spirit was in full swing as staff enjoyed a **special screening** of the beloved classic Home Alone. The evening ended perfectly with a picnic, laughter, and a stunning sunset over the ocean. Special thanks to Julia Foux and Joanna Martin for making this seasonal celebration so memorable!



KEEP IN THE LOOP

Facebook: www.facebook.com/curtinheritageliving

LinkedIn: www.linkedin.com/company/18479825

Website: www.curtinheritage.com.au

Email: info@curtinheritage.com.au