



Living Landmarks: Art, Memory and the Gardens After Dark

This month, our artist-in-residence Elle Campbell's exhibition **D O L P H I N** transformed the Heritage Gardens into something truly memorable – the site's beloved Moreton Bay fig trees illuminated by Elite Lighting, known for their work on the Fremantle Biennale, casting the historic grounds for her opening night in a warm, atmospheric glow.

Exhibited throughout the heritage buildings, **D O L P H I N** brings together 25 paintings exploring memory, imagination, and the connection between land and sea – shaped by Elle's six-month residency at The Heritage Collective.

The gardens carry their own remarkable story. Planted in the early 1900s during Arbor Day celebrations and joined in 1929 by Ti-trees and Norfolk Island pines to mark the State's Centenary, these trees represent over a century of community stewardship – living landmarks Curtin Heritage took great care to protect during the site's redevelopment. Together, the trees and the exhibition offer a rare meeting of nature, history, and art.

D O L P H I N by Elle Campbell
The Heritage Collective, on now until 31 May

Saturdays & Sundays: 11:00am – 1:00pm (Free entry)
Monday to Friday: By appointment. Friends and family are most welcome.

SUPPORT AT HOME

Your Care. Fully Funded. A Win Worth Celebrating

The Hon Mark Butler MP, Minister for Health and Ageing, has announced that essential personal care services – including showering, dressing, and continence management – will move into the 'Clinical Care' category under the Support at Home program. From 1 October 2026, these services will be fully funded by the Government, with co-contributions removed entirely.

For many older Australians, out-of-pocket costs have created a very real barrier to accessing this care – with some choosing to avoid or delay services because of the expense. This announcement directly addresses that. As Minister for Aged Care Sam Rae noted, "Older Australians, their families and providers told us these services needed to be protected. We've listened, and we're acting."

Curtin Heritage looks forward to working closely with Services Australia and our Support at Home clients to ensure a smooth transition ahead of the October changes. We will keep you informed every step of the way. If you have any questions in the meantime, please reach out to your care team.



HEALTH & WELLBEING

Your Heart. Your Health. Our Care.

Cardiac conditions are common as we age, but with the right support, many people continue to live comfortably and well. Conditions such as high blood pressure, heart failure, and atrial fibrillation (AF) can affect how efficiently the heart pumps blood around the body – and knowing what to look out for makes all the difference.

Symptoms to be aware of include shortness of breath, fatigue, swelling in the legs, chest discomfort, or feeling lightheaded. Please let one of your care team know if you notice any of these changes – early attention can prevent complications and keep you feeling your best.

Managing heart health typically involves a combination of medications, regular monitoring, and everyday lifestyle choices. Gentle physical activity, a balanced diet, and reducing salt intake can all support heart function and overall wellbeing.

For families and representatives, staying engaged in care conversations and understanding treatment plans is invaluable. A collaborative approach between loved ones and your care team makes a real difference to quality of life.

Where needed, our team will refer clients to specialist health professionals, including cardiologists. For those in our care homes or living closely are also fortunate to have a cardiologist based at Soleil Medical Centre on Marine Parade.

If you have any questions or concerns, please reach out to your care manager or care partner – we are always happy to talk things through.





NEWS

Cox Architecture to Design Monument Bay

We're thrilled to announce that Cox Architecture has been appointed as the lead design team for Monument Bay.

The vision? A real neighbourhood – one that brings together aged care, supported living, retirement living, housing, and community spaces in a way that feels warm, welcoming, and human. Not an institution but a place people are proud to call home.

We chose Cox for their genuine understanding of community-focused design and their commitment to creating spaces that prioritise dignity, independence, and everyday wellbeing – values that sit at the heart of everything we do at Curtin Heritage. The design will take its cues from the coastal setting, with community consultation playing a big role in shaping something that truly belongs in its surroundings. We're also excited about the opportunity Monument Bay presents to rethink what aged care environments can look and feel like – spaces that support autonomy, connection, and a real sense of place.

Cox will work alongside planning consultants Urbis throughout the process, keeping design and planning moving forward together. Watch this space – there's a lot more to come.



CURTIN HERITAGE

A Fresh Look. The Same Curtin Heritage.

You may start to notice some changes around our communications over the coming months – a new logo, a refreshed colour palette, and updated fonts across everything from our newsletters to your invoices and agreements. Don't worry, it's all intentional and very much by design!

We're also embracing a slightly simpler name – Curtin Heritage – leaving the "Living" behind, though certainly not the spirit of it.

This is an exciting chapter for us. We've grown, and our new look reflects that but what makes us *us* hasn't changed a bit. The same warm faces, the same care, and the same dedication to you and your community, every single day.



Furuset Hageby, Oslo – Rethinking Dementia Care

By Jordan Ryan, Service Manager

A recent study trip to Europe with Managing Director David Cox (pictured above with a guide) offered a rare opportunity to explore some of the world's most progressive dementia-specific environments – and to connect with international partners at the forefront of care innovation. The experience was both humbling and energising, and the partnerships formed continue to inform our vision for Monument Bay.

Among the standout sites was Furuset Hageby in Oslo – a village-style development designed for both younger and older people living with dementia. Accommodating 112 residents across 14 small households of eight, including 32 places for younger residents, the development features a vibrant internal streetscape complete with a restaurant, gym, shops, hairdresser, library, and doctor's office. Delivered in partnership with world-leading designers, it forms part of Norway's FutureBuilt Programme, which targets outcomes exceeding the UN Sustainable Development Goals and Paris Agreement emissions targets.

What struck us most was the powerful relationship between environment and human connection. Communal spaces felt warm and familiar rather than institutional, encouraging movement, independence, and everyday engagement. The staff were equally impressive – their care deeply human, their interactions full of genuine warmth and joy.

As Australian operators, we recognise that our regulatory environment provides important safeguards, but it can also slow innovation. Europe offered a compelling reminder of what becomes possible when bold thinking is given room to breathe.

For more, reach out to Jordan at jordanr@curtinheritage.com.au. Further insights from the study tour will follow in upcoming editions.

COMMUNITY

Have Your Say – Join Our Consumer Advisory Group

We believe the people who experience our services are best placed to help shape them. That's why we're inviting clients, residents, and family members to join our Consumer Advisory Groups at Curtin Heritage. As a member, you'll connect with others to share experiences, offer feedback, and contribute ideas that help improve services across the organisation. The group focuses on collective insight and service-wide improvement – a genuine opportunity to make a meaningful difference.

If this sounds like you, we'd love to hear from you. Please reach out to Lisa Winter, General Manager Quality and Governance, at lisaw@curtinheritage.com.au or 9382 7536.

Celebrating Care, Connection, and Community

It was wonderful to see so many of March's compliments recognising individual team members who went above and beyond – and a special mention to our Therapy and Lifestyle team, whose dedication continues to shine through in the feedback we receive.

Your suggestions are equally valued. Several Marine View residents raised the idea of more outdoor furniture to make the most of Marine Views' lovely outdoor spaces – particularly welcome after such a beautiful month of weather, and something we're happy to explore.

Thank you to everyone who took the time to share their thoughts – it helps us celebrate what's working and keep improving what we do.

Quality Corner - March 2026



51

New Compliments Received

• Lots of compliments for our Lifestyle Team!



18

New Suggestions Received

• Ideas pouring in on how we can get outside and enjoy the weather!



13

New Complaints Received



27

Open Complaints (Total)



35

Complaints Closed During the Month



Tell us what you think

At Curtin Heritage Living, we're committed to high-quality care and a welcoming environment for clients, families, and visitors. Your feedback helps us improve. Please share your thoughts or suggestions using the QR code or by speaking with any team member.

COMMUNITY

A Picture Worth a Thousand Memories

We are reaching out to our community for book donations for our residents. We are looking for picture books with few words – think beautiful imagery of nature, aircraft, flowers, animals, and the world around us. If you have any suitable books that you'd be happy to pass on, we would love to give them a new home. Please drop any donations at reception.



Heritage Collective Conversations – Tricia Horgan and Leewin Estate

What a way to launch a series. Our very first Heritage Collective Conversations event was a resounding success – so much so that it sold out! We were honoured to welcome Waterfront resident Tricia Horgan as our inaugural speaker, who took us on a fascinating journey through the history and development of Leeuwin Estate – its celebrated winery, remarkable art collection, and the iconic concert series that has drawn the world's greatest performers to the Margaret River region. A big thank you to Tricia for sharing her story so generously, and to everyone who came along and made the event so special.

Our next event features **Dr Linda Friedland** – doctor, bestselling author and international health expert – who will reveal her secrets for ageing with vitality and purpose.

Tuesday 19 May
10:30am – 11:30am
Theatre
Free Event

BOOK NOW:
<https://www.trybooking.com/DMBJQ>
Or scan the QR Code



THE MONTH IN REVIEW

WATERFRONT COTTESLOE

Waterfront residents came together in a moving Dawn Service to honour the men and women of the ANZAC. As the first light broke, residents, friends, and family gathered in quiet reflection – united in remembrance and gratitude for the sacrifices made.

The haunting sound of bagpipes set a solemn tone, before a traditional bugle rendition of The Last Post echoed through the still morning air, marking a moment of profound silence. It was a deeply meaningful tribute – a reflection of our community's strength and its shared commitment to honouring those who served.



THE MONTH IN REVIEW

MARINE VIEWS COTTESLOE

Residents gathered around a beautifully set long table in early April to celebrate Easter – complete with handmade hats and Easter eggs – for a festive and fun afternoon together.

Just weeks later, the mood turned reflective as residents came together to mark ANZAC Day in a fitting and heartfelt service.



THE MONTH IN REVIEW

RIVERSEA MOSMAN PARK

RiverSea hosted a wonderful Easter celebration, bringing together residents and their families for a festive long table lunch. The atmosphere was warm and joyful, filled with the sounds of music, the clinking of glasses, and plenty of laughter.

The long table setting made for a beautiful and communal dining experience, giving everyone the chance to connect and share in the spirit of the occasion. Families joined their loved ones to enjoy good food, refreshing drinks, and of course, no shortage of chocolate to mark the Easter festivities!

It was a truly special day, and a wonderful reminder of the community and connection that makes RiverSea such a special place.



THE MONTH IN REVIEW

SHINE COMMUNITY CENTRE

This month's luncheon brought a little country charm to the table with an Easter theme. Clients enjoyed a delicious buffet – the prawns proving a clear crowd favourite – along with a glass of bubbles and a visit from the Easter Bunny. The afternoon came alive as Kathy Carver took to the stage, getting everyone on their feet.

Closer to home, clients have been crafting poppies for our social centre ANZAC Day wreath – a quiet and meaningful activity that has prompted some beautiful storytelling and shared memories.



A special outing to Wembley Golf Course gave clients the chance to reconnect with a beloved pastime. With so many fond memories of the fairways, we headed out for a round of nine holes – mini golf, of course – followed by lunch at the 300 Acres Restaurant. The putting may have been a little rusty, but the competitive spirit was very much intact!



THE MONTH IN REVIEW

SHINE COMMUNITY CENTRE

Other Shine outings this month included a visit to the historic precinct at Ballie Hill, walking groups at Perry Lakes and Mosman Foreshore, and meals out at Blue Lotus Café and other favourites.



CAREALOT BUSSELTON

It's been a big month at the Busselton Friendship Club! The F.C Cup has taken on a life of its own – bingo is now a fiercely focused affair, golf putting is being practised at home, and the weekly quiz has never been more hotly contested. Denis, Gavin, Rupbert, and Mal each took the Cup home this month, while Jill claimed victory in our Easter-themed quiz.

We also ventured out to a gardening expo at The People Place on 17 April – a lovely morning in the sun with a little vegetable planting knowledge thrown in for good measure.

And a very special mention to Denis, our longest-standing Friendship Club member, who celebrated his 93rd birthday in fine style. Next month we look forward to marking Anne's milestone with her!



WHAT'S ON

THE HERITAGE COLLECTIVE

MAY MOVIES IN THE THEATRE



Walk The Line

Thursday 14 May

Heritage Collective Theatre

Doors open: 5:30pm

Film starts: 6:00pm (duration: 2h 15m)

Prosecco and popcorn - \$15.50 (including Trybooking fee)

Book now: <https://www.trybooking.com/DLOWU>



Palm Beach

Thursday 21 May

Heritage Collective Theatre

Doors open: 5:30pm

Film starts: 6:00pm (duration: 2h 15m)

Prosecco and popcorn - \$15.50 (including Trybooking fee)

Book now: <https://www.trybooking.com/DLOXV>



State and Main

Thursday 28 May

Heritage Collective Theatre

Doors open: 5:30pm

Film starts: 6:00pm (duration: 2h 15m)

Prosecco and popcorn - \$15.50 (including Trybooking fee)

Book now: <https://www.trybooking.com/DLOXZ>



WHAT'S ON THE HERITAGE COLLECTIVE

Kids just love The Heritage Collective Makerspace

During the last month, we've welcomed over 100 creative kids through our Makerspace doors—each bringing their own ideas, energy, and curiosity. Under the guidance of art teachers Karen Sabitay from Artpod and our artist in residence Elle Campbell, sessions have been filled with making, experimenting, and playful exploration.

Sign up now for our upcoming classes in the Makerspace. Spots are limited—don't miss out.

Leaping Lizards

Join Artpod for an afterschool art series celebrating the vibrant world of lizards through drawing, painting, and sculpture. Suitable for all ages and abilities.

Wednesdays until June 17

4:15PM – 5:45PM

Makerspace

Book now: karen@artpod.com.au



Paint your little hearts with Elle Campbell

Paint with artist in residence Elle Campbell after school on Thursdays and at PAINT CLUB! every holidays. Kids will learn to paint on canvas with their favourite colours and take their artworks home. Suitable for ages 3-12 yrs.

Paint Club!

Tuesday 7 - 17 July

10:00am - 12:00pm & 2:00pm - 4:00pm

Makerspace

Afterschool Art Classes:

Thursdays 14 May - 2 July

4:00PM - 6:00PM

Makerspace

Book now: info@ellecampbellart to book

WHAT'S ON

THE HERITAGE COLLECTIVE



Paint Figs With Rosie: A Loose & Expressive Painting Workshop

Join Rosie Nixon for a relaxed, social painting workshop exploring the beauty of figs through loose, expressive brushwork. No experience necessary – just curiosity and a willingness to experiment. All materials provided. Take home a finished still life canvas, ready to hang. Suitable for beginners. All welcome.

Saturday 13 June
10:00AM – 1:00PM
Makerspace
Cost: \$120
Limited Spaces – book now:
<https://www.trybooking.com/DLWPE>



Art Tutoring with John Cullinane

Dive into your art projects and connect with a vibrant community of fellow creatives under the guidance of artist John Cullinane.

Every Monday (except public holidays)

1:30PM – 3.30PM

Makerspace

Cost: \$20

Reserve your space: elizabethc@curtinheritage.com.au



First Friday Makers' Club

Bring your portable project, such as mending, stitching, journaling, painting, or knitting, and enjoy the inspiration of fellow makers.

Friday 5 June

10:00am – 12:00pm

Makerspace

Reserve your free space now:

elizabethc@curtinheritage.com.au

WHAT'S ON THE HERITAGE COLLECTIVE

Sunday Classics at Heritage: Chromatic Currents

Join violinist Akiko Miyazawa and Cygnus Arioso for an afternoon of classical music.

Sunday 31 May

2:30pm: Pre-drinks / 3:00pm – 4:00pm: Performance
Club Lounge

BOOK NOW:



Tai Chi Classes with Margaret Bostaille

Practice Tai Chi in the Club Lounge with experienced teacher Margaret Bostaille. With over 40 years of practice and teaching – both internationally and in Melbourne – her work reflects depth, refined expertise and a strong commitment to authenticity. Beginners welcome. Open to all levels.

Classes are in the Club Lounge every Thursday
9:30AM – 10:30AM

Cost: \$30 per class

Book now: bostaille.margaret@gmail.com

TEAM NEWS



We are delighted to announce the appointment of **Tessa Amatulli** as our new Resident Liaison – congratulations, Tess!

Many of you will already know Tessa through her work at reception and within the lifestyle team. In her 12 months with Curtin Heritage, she has consistently demonstrated the warmth, organisation, and care that make her a wonderful fit for this important role.

Tessa brings strong administrative, interpersonal, and communication skills, and we know she will bring a genuinely welcoming presence to the resident onboarding experience.

Milestones

5 Years – Congratulations!

Aaron Burrows, Food Services Manager

Johanna Aguillon Sanchez, Marine Views Carer

Namkha Lhamo, Marine Views Carer

Nancy Devi, Marine Views Carer

TEAM NEWS

Employees of the Month

Sonam Lhagyel, Maintenance Since joining our Maintenance team in October, Sonam has been reliable and hardworking. Sonam has a natural ability to solve problems and a willingness to support those around him. Thank you, Sonam – your contribution does not go unnoticed.

Nisha Devasia, Registered Nurse Nisha continues to go above and beyond, for the people she cares for and for her team. Nisha has managed some challenging events at RiverSea and has done so with professionalism and kindness. Nisha is a shining example of the servant leadership model being put into practice. Nisha leads by example and demonstrates the behaviours we want to see in the way we treat each other.

Kevin Kurgat, Registered Nurse When faced with a challenge during his shift at RiverSea, Kevin met the moment with exceptional judgment and quiet courage, following every step to ensure the safety of both residents and his team. Thank you, Kevin.

Jill Teruel, Enrolled Nurse Jill's colleagues say it best: "Jill goes above and beyond every single shift – supporting nurses and carers alike. The shift simply runs better when Jill is there." Warm, dedicated, and genuinely exceptional at what she does, Jill is a cornerstone of our care team. Thank you, Jill – you are so appreciated.

Stay in Touch

Residential Care

Marine Views Cottesloe – (08) 6458 7500 / RiverSea Mosman Park – (08) 9382 7500

Home Services (Shine Community Care / Carealot)

Metro – (08) 9382 7550

Regional – (08) 9469 0060

Independent Living (Waterfront Cottesloe & RiverSea Village)

(08) 9382 7555

General Enquiries & Accounts

(08) 6458 7555

Facebook:

www.facebook.com/curtinheritageliving

LinkedIn:

www.linkedin.com/company/18479825

Website: www.curtinheritage.com.au

Email: info@curtinheritage.com.au